



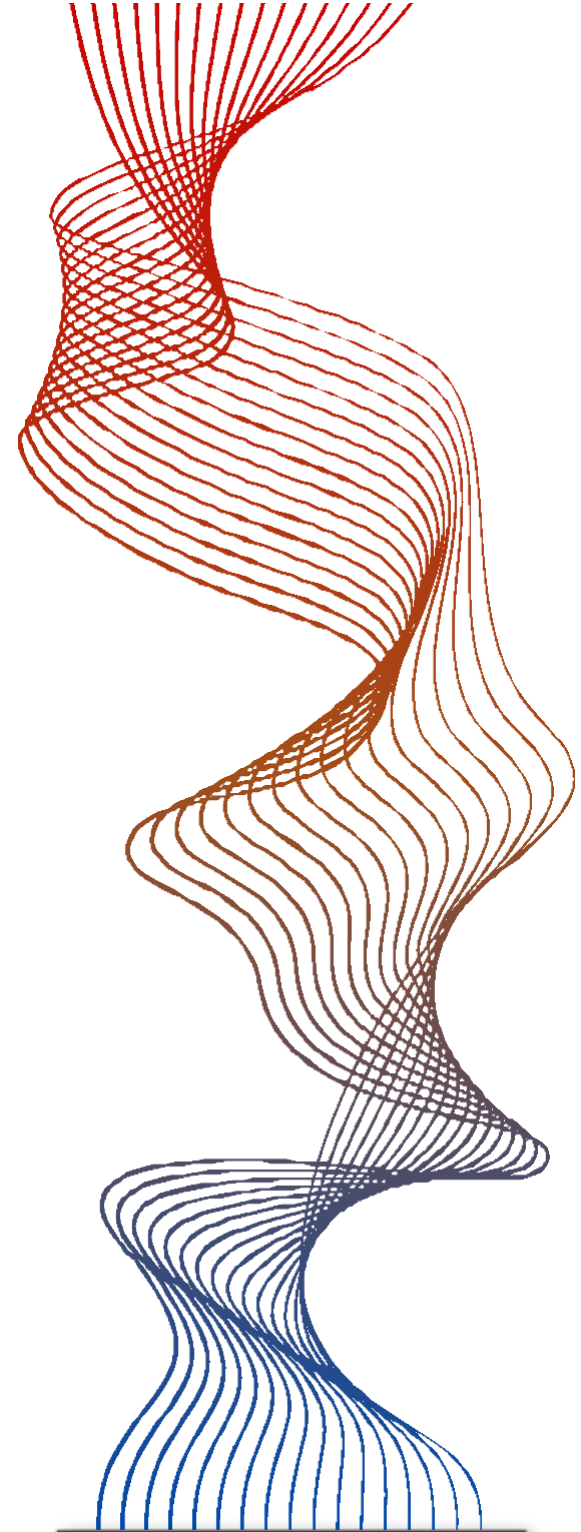
# Prospectus

2025-26

SHAHIDA ISLAM  
MEDICAL COMPLEX  
LODHRAN



*Your path to*  
**FUTURE**



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## Vision and Mission of the Institution

### VISION

To become the premier academic institution in the region dedicated to achieving all around excellence in health professional education, outstanding clinical programs, and innovative research.

### MISSION

To lead in advancing health through the best clinical care, innovative research, and the education of tomorrow's leaders in a culture that supports diversity, inclusion, critical thinking, creativity and adhering to the highest ethical standards. We are envisioned:

- To train our graduates with high ethical and professional standards and innovative minds.
- To carry out research in basic and clinical sciences.
- To develop a bridge between the community and the health professionals.



SIMC

## Accreditation and Affiliation

- Pakistan Medical & Dental Council (PM&DC)
- Ministry of National Health Services, (Regulations and Coordination)
- University of Health Sciences Lahore
- Pharmacy Council of Pakistan
- University of Sargodha
- College of Physicians and Surgeons Pakistan
- Punjab Healthcare Commission
- Pakistan Nursing Council
- Punjab Medical Faculty



# O PEOPLE,

Knowledge only comes by learning and understanding only comes by seeking understanding (Farman-e-Nabwi SAW)



# Message from The Ex-Chairman

It is my privilege to introduce Shahida Islam Medical Complex, Lodhran. By the Grace of Allah, since its inception in 2016 the Shahida Islam Medical Complex has emerged as the fastest growing institution offering quality medical, dental, and allied health sciences education and excellent medical and surgical treatment services in South Punjab. Our aim is to build a world class prestigious institution offering innovative and high-quality education, a unique learning environment and state of the art modern infrastructure. Shahida Islam Medical Complex has opened its doors to M.B.B.S, B.D.S, D.P.T, Pharm-D, Nursing and Paramedical Courses in the short span of initial 3 years. We at the complex work as "ISLAM FAMILY" and wish to create an environment that fosters physical, emotional, and psychological wellness with advancement in healthy lifestyles.

I firmly believe that quality education in any field, especially the Medical Education is the key for the progress of the nation. It not only helps in improvement of health facilities of country but also serves as the part of "IBADAH" in the form of saving someone's life or making someone's life comfortable by assuaging his misery.

I am grateful to ALLAH, who provided us with the opportunity to establish this institution in one of the most impoverished and most scarce areas of Lodhran, South Punjab. I am also thankful to ALMIGHTY to give us the audacity to provide the latest and state of the art facilities in Medical, Surgical, Dental, Physiotherapy, Pharmacy and Nursing Fields by the highly trained, top qualified, professional, and dedicated faculty with minimal charges. Our teachers of Shahida Islam Medical College (SDMC), Shahida Islam Dental College (SDDC), Shahida Islam College of Rehabilitation Sciences (SICRS), Shahida Islam College of Pharmacy (SICP), Shahida Islam Nursing College (SINC), and Shahida Islam Paramedical School (SIPS) are highly trained and motivated to give the best evidence-based education utilizing all the modern teaching methodologies. They aim to make our students the best in the world.

Muhammad Islam (Late)  
(May Allah's Blessings Be On Him)

# VERILY,

The only cure for ignorance is to ask questions (Farman-e-Nabwi SAW)



# Message from The Executive Director

The concepts of education and more specifically medical, and allied education are experiencing a process of rapid evolution in its every discipline. It remains essential for today's students to not only understand theoretical knowledge but also keep abreast with research and latest developments. The teaching from the teacher centered approach has shifted to student centered learning. We at Shahida Islam Medical Complex Lodhran believe that tomorrow's health care professionals graduating from our various institutions should be high quality graduates who are practically skilled to enter the world of work with high ethical values nurturing excellence in their fields and focused on research with ability to serve the society with a sense of duty and honesty.

We believe that our faculty is one of the best in the region and they can add to your academic and social skills. Our institutions will not only guide you to excellence in academics and research but also will give you a wonderful experience of projects, community work, co-curricular and recreational activities. This will help you to become not only a better professional but more of a better human being.

We offer you the best training in your chosen field whether you intend to become a medical doctor or a dental doctor, a physiotherapist, a pharmacist or a nurse, a technologist, or a dispenser. Our dedicated teaching staff is determined to make you a competent professional with qualities that will distinguish you from the graduates of the rest of the institutions of the region if not of the world.

I welcome you to join the complex comprising of SDMC, SDDC, SICRS, SICP, SINC and SIPS in your field of choice. Our excellent faculty, great campus and conducive environment promises enriching, stimulating and rewarding learning experience.

My advice to students and faculty alike is to leave no stone unturned to keep on bringing laurels to themselves and the institution.

Dr. Shahida Nasreen Islam

# VERILY,

It is the duty of a student of knowledge to behave with dignity, tranquility, and reverence, and to follow the way of those who came before him (Farman-e-Nabwi SAW)



# Message from The Ex-Managing Director

To establish an institution is not an easy task but to establish an institution to train the cream of the nation and the healers of society is always an uphill task. We started this arduous journey with an aim to produce professionals who are connected to knowledge, have openness to new ideas and are on the lookout to do things in novel ways.

The institutions are all about students and here we will be keenly involved in your academic lives to cater for all your scholarly and other needs. Our teachers will not only teach you but will In Sha Allah support you, advise you and direct you to the right path during your years of studies. All your physical, psychological, and educational needs will be taken care of by the highly motivated faculty, staff, and mentors.

Whatever is the choice of your academic program I hope that after joining us you will feel part of our unique ISLAM FAMILY where all the students and staff are valued. I would like to assure all our prospective students that your decision to join any blossoming branch (SDMC, SDDC, SICRS, SICP, SINC and SIPS) of the larger tree i.e., Shahida Islam Medical Complex will bear the fruit they and their families were longing for, in the times to come.

Shahida Islam Teaching Hospital (SITH) is a 600 bedded hospital established within the premises of the complex and providing 100% free beds, surgical, endoscopic and OPD services in 15 different specialties by the qualified faculty. There is enough patients pool for the training of undergraduate and post graduate students.

We assure you that you will be assisted and guided by our management, faculty, and staff not only during your stay as a student but also after you become a proud graduate of the institution and become the part of our Alumni Family.

Fahad Islam (Late)  
(May Allah's Blessing Be On Him)

# O ALLAH,

Benefit me with what you have taught me, teach me what will benefit me, and increase my knowledge.

(Farman-e-Nabwi SAW)



# Message from The Chairman & Project Director

I want to congratulate you on choosing our institution to allow yourself to prepare the humane doctors, dentists, physiotherapists, nurses, and technologists who stand out amongst their peers as professionals who have knowledge, confidence, courage, and compassion to serve the community. These are the challenging times for the medical institutions in Pakistan as the PM&DC, PCP and HEC, in the light of global trends, are pressing hard to assess and assure the quality of education with the student put at the center of all the educational outcomes.

To meet up these national and international challenges, we at the Shahida Islam Medical Complex are continually striving to keep our curriculum and outcomes at pace with the modern teaching and learning standards. The institution is continuously engaging and employing dedicated and learned teachers and has a fully developed medical education department to keep an eye on the standards and quality of education.

The complex Alhamdulillah has covered growth milestones in a noticeably short span after its commencement. We started from Shahida Islam Medical College (SDMC) in 2016 and till 2019 have established Shahida Islam Dental College (SDDC), Shahida Islam College of Rehabilitation Sciences (SICRS), Shahida Islam Nursing College (SINC), and Shahida Islam Paramedical School (SIPS). The 2020 despite the year of threat for the whole world has added another feather in our complex in the form of Shahida Islam College of Pharmacy (SICP). The names of the institutions are kept in our mother's name. We hope that all these institutions will mentor their students with the motherly energy that spells hope, creativity, responsibility, and a glorious future.

We also allow our graduates to be engaged at their parent complex as part of ISLAM FAMILY either as workforce or postgraduate trainees. At the Shahida Islam Medical Complex, you will find ourselves always there for your support in helping you nurture and prepare for the exciting future ahead of you.

Saad Islam

# Message from the Principal of Medical College



I feel immense pleasure to welcome you at Shahida Islam Medical College (SDMC) Lodhran which was established in 2016 and with the grace of Almighty Allah is steadily progressing in its march towards the goal of achieving its vision and mission. You have chosen one of the best institutions in the country to start your career as a medical professional. This institution is not only providing quality teaching and training for undergraduates but is contributing at best to the health care delivery system and in post graduate training and research.

It's a very stimulating and demanding time for you as you will be exposed to an entirely different system of learning, education, and training to make you the successful humane medical professional enjoying helping ailing humanity.

Medical education is an ever-changing modality with newer research and knowledge coming at a very rapid pace. We at SDMC have highly qualified, well trained, and very friendly faculty which keeps the pace with the changing trends and is utilizing all the innovative learning strategies to help you better understand the concepts and make you become healthcare leaders.

As a medical student you should be ready for hard work. As a doctor you will be involved not only in diagnosing and treating but also in the counseling of your patients and their families. This requires an enquiring and sympathetic mind with a high level of baseline knowledge. I guarantee you that our faculty will help you in achieving all these goals but your cooperation with the administration and faculty will be the basis for attaining the objectives.

We have our own 600 bedded Shahida Islam Teaching Hospital which is giving free treatment to all the patients. I assure you that SDMC will live up to your expectations and vice versa. In Sha Allah you will enjoy a friendly and conducive environment and will have friendly relations with each other and with us. I would advise you to go through each page of this prospectus to get to know the institution well.

Prof. Dr. Gulzar Ahmed

# Message from the Principal of Dental College



Greetings and Welcome to the Shahida Islam Dental College (SDDC) Lodhran which was established in 2019 and is offering educational opportunities to ensure that the students get knowledge, skills and sympathetic attitude and become dental surgeons, standing tall amongst the rest. You have picked the institution having the best infrastructure available for training and teaching the students on evidence-based practices and problem-based learning.

We have a highly qualified and trained faculty which is abreast with the changing trends in dental education, and we also have a dedicated dental education department to keep a check on quality of education and conduct appropriate training of the faculty to make them better teachers and facilitators. The students are encouraged to get involved in active discussion with the faculty for clearing of the concepts.

You have joined a field which can be called the basis of healthy living as dental health and hygiene is the basis of good health. We believe that after graduating our students will lead the change to healthier and happier communities.

The learning opportunities and the learning environment at SDDC is conducive for learning. We are offering innovative learning programs that prepare the students for society's dental health needs. The students are also offered counseling and career path guidance for their professional growth. The prospects for post graduate training are also available for our graduates.

I would like to encourage you to explore your interest in various fields of dental health and begin your journey towards that goal after graduating from SDDC.

Prof. Dr. Muhammad Pervaiz Iqbal

# Message from the Principal of College of Rehabilitation Sciences



I warmly welcome you all to our Doctor of Physical Therapy program here at Shahida Islam College of Rehabilitation Sciences (SICRS) established in 2018 with a goal to produce expert physical therapist who will contribute for the betterment of the community and to work along the fellow medical and health care professionals as an integral part of patient welfare plan.

Physical Therapy is an emerging profession in health care which promotes independent function and enhances the quality of life in individuals suffering with musculoskeletal or neurological impairments.

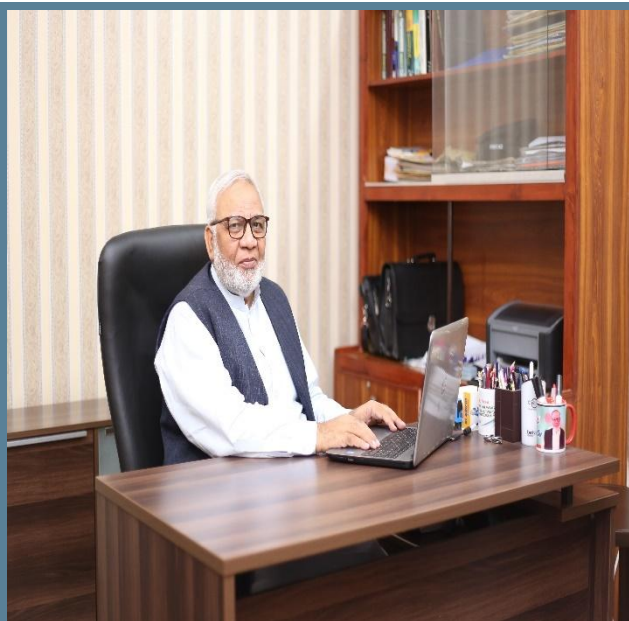
It is truly an honor to serve as Principal in Shahida Islam College of Rehabilitation Sciences. Our mission at this institution is to provide a conducive and enriched learning environment to Physical therapy Students where they can learn and prosper both ethically and professionally.

We have the highly qualified faculty as we are the part of Shahida Islam Medical Complex comprising of both Medical and Dental Colleges and in addition the Nursing and Paramedical School. The college has the affiliated 500 bedded Shahida Islam Teaching Hospital with all kind of specialized medical and surgical care. This makes this institution distinct from most of the institutions of the area which don't have such many patients pool available for teaching the DPT students.

I am sure that your experience as a student of SICRS will be above your expectations and we will help you become good professionals, starring above the graduates of other institutions of the country.

Dr. Yasir Ali Kazmi (PT)

# Message from the Principal of Pharmacy College



Heartiest welcome to all at Shahida Islam College of Pharmacy (SICP) which is established in 2020 as part of one of the good things happening in the year of pandemic. Pharmacy plays a vital role in the health care system. It is the discipline responsible for the provision of all medicines of a country. Pakistan needs highly competent pharmacy professionals to meet the challenges of the 21st century. Keeping in view this perspective, we are determined to prepare pharmacy graduates who can play an effective role in producing the medicines and their safe utilization to the patients.

Pharmacists play an essential role in the various health care sectors like hospitals, primary care facilities, community pharmacies, regulatory agencies, and the pharmaceutical industry. The mission of Shahida Islam College of Pharmacy is to provide an excellent education in various domains of pharmacy discipline. To achieve our mission, we apply innovative and proven educational methods to produce pharmacists who possess the skills and knowledge they need to serve their patients in an ethical and professional manner and make available the best possible care for the ailing humanity.

The curriculum adopted has the necessary requirements of the Pharmacy Council of Pakistan and the latest development taking place in the field of pharmacy globally. Our academic program is affiliated with the University of Sargodha. We will make every effort to create an excellent teaching-learning environment and see that the students will be able to unfold their potential, closely interact with the faculty and visiting scientists from the pharmaceutical industry from time to time and participate actively in various extra-curricular activities.

SICP should be committed to the extension of the pharmacy profession and preparing tomorrow's leaders to serve the nation's needs best. I extend the warmest welcome to all the future students in our Pharm-D (Doctor of Pharmacy) program.

Prof. Dr. Irshad Ahmad (PhD)

# Message from the Principal of Nursing College



I feel honored in welcoming you to Shahida Islam Nursing College (SINC) Lodhran established in 2018 with an ideology to train professionals who care for a diverse population of patients across their lifespan. Now the people of local and nearby area can avail themselves of the opportunity to join this noble profession at doorstep.

The philosophy of the Nursing college Program is to create a learning environment in which the student avail the opportunity to get an advanced BScN degree and as well as transforms from a Basic diploma holder student into an advance-level degree holder. Our philosophy is congruent with the mission of the Pakistan Nursing council and University of Health Sciences and its commitment to prepare students for leadership and service built on a solid liberal education base and quality professional programs.

The nursing faculty respects the students as adult learners who demonstrate integrity in the classroom, as well as in the clinical setting. The nurses collaborate with other members of the health care team to provide and manage patients anywhere along the health/illness continuum.

The college is motivated towards sustaining high academic standards and quality in Nursing Education. We are devoted to providing our students with an extensive multiplicity of opportunities and facilitating them to accomplish their maximum potential.

Our mission is to produce gleaming professional nurses with perfect strength, compassion, and dedication to responsibility, who will achieve a value, name, and respect for themselves in future. We have a committed panel of faculty striving hard to make available the students with the advanced knowledge and skills that would help them to stand out in this fiercely competitive world.

Our college is dynamic with passion, energy, and action. The environment is affable for learning, and it is for you to take the full benefit of the opportunities and utilize your potentials.

Nawshad Ali Khan

# Message from the Principal of Paramedical School



It is a matter of great pleasure and satisfaction to welcome you to Shahida Islam Paramedical School (SIPS) Lodhran, established in 2019 with a philosophy to train associate healthcare professionals to improve the overall care of patients across their lifespan. This college will help the underprivileged people of the local and nearby areas to get the high-quality training at their doorstep and earn a decent living.

The paramedical school programs are designed to create a learning environment in which the student avail the opportunity to get the best training in various disciplines of healthcare. We at SIPS are offering training in 8 (eight) disciplines which is unmatched to any paramedical institution in South Punjab. No government or private institution in the area has such a wide range of training options with both 1-year and 2-year diploma programs available. Our philosophy is congruent with the Punjab Medical Faculty and the University of Health Sciences mission and commitment to prepare the students for service built on a quality education and professional training.

The institution and faculty here are determined towards nurturing quality in education and clinical training. We are committed to offering our students a vast range of prospects to accomplish the training to their maximum potential. The students here are regarded as adult novices who express honesty in the classroom and proficiency in the clinical settings. The paramedics are the backbone of any teaching hospital as they collaborate with all other health care team members to provide and manage patients anywhere along the health/illness continuum.

Our mission is to produce professionals with an extreme sense of responsibility who will earn the name, and respect not only for themselves but also for their institution. I would like to encourage you to explore your interest in vast training offerings of allied health sciences and commence your journey towards the goal of service to ailing humanity in your field of interest after graduating from SIPS.

Tahir Javaid



## HISTORY OF THE CITY OF LODHRAN

Lodhran District was an agricultural region with forests during the Indus Valley Civilization. The Lodhran area was ruled by the Maurya Empire, Indo-Greek Kingdom, Kushan Empire, Gupta Empire, White Huns, Kushano-Hephthalites, and Shahi Kingdoms. Later, it was ruled by Sultan Ghaznavi and then Mughal Empire. After the decline of the Mughal Empire, the Sikh Empire invaded and occupied Lodhran District. Raja Lodhra was the son of Sikh Raja Raam Dyo Minhas, and his family lived in Bahawalpur. Malik Ghulam Hussain Lodhra 'zaildar' suggested the name "Lodhran" for this area.

The English rulers first developed Lodhran city in the 18th century on the north side of the Sutlej River. The foundation of Lodhran was laid in 1830. During the period of British rule, Lodhran district increased in population and importance. In 1849, Multan District joined Lodhran, making it a tehsil on 5 May 1883. In 1991 after a movement of "Make Lodhran District" lead by M. Arshad Khan and Ch. M. Ali lasting for ten years convinced the government to declare Lodhran as a district. The announcement was made by the then Chief Minister, Mr. Ghulam Haider Wyne. Kehror Pakka and Duniyapur were made tehsils of District Lodhran.

After becoming the district still, the area is not developed, and the health care facilities are primitive. The only hospital is the DHQ hospital, which lacks specialized care, and patients needing specialist care must be referred to Bahawalpur or Multan.



## HISTORY OF SHAHIDA ISLAM MEDICAL COMPLEX LODHRAN

The chairman and the board of governors decided to build a state-of-the-art hospital and affiliated medical college in this underdeveloped area to benefit the community's poor people. The project started in 2013, and Shahida Islam Medical Complex was able to admit its first batch M.B.B.S. program in Shahida Islam Medical College (SDMC) during the 2016-17 session, along with the inauguration of Shahida Islam Teaching Hospital in 2016. The complex arranged free medical camps and started free beds and OPD service, continuing till now.

There is no turning back since then. Within a short span of three years, with a strong emphasis on balanced progress and focus on human capital, the institution has grown to Shahida Islam College of Rehabilitation Sciences (SICRS) in 2018, Shahida Islam Nursing College (SINC) in 2018, Shahida Islam Dental College (SDDC) in 2019 and Shahida Islam Paramedical School (SIPS) in 2019. While in 2020 when the whole world was at stand still, we came up with an idea to establish a pharmacy institute as it is an integral part of the medical & allied sciences now a days and by the grace of Allah, we have got the Shahida Islam College of Pharmacy (SICP) established & recognized with admissions started for 2020-21 session. The institution has strived from the beginning to attain excellence in teaching and health care delivery and has earned a good reputation nationally and internationally.

Shahida Islam Medical Complex was established with a unique focus on professional and technical education as they act as a powerful instrument in the growth and development of any country. It has state of the art well-equipped labs in medicine, dentistry, physiotherapy, nursing, pharmacy, and paramedical departments. To promote the learning of its students, it has established excellent links with national institutions and universities.

The institution also has a strong focus on postgraduate training. Postgraduate teaching in six disciplines started in 2019, and many departments have been recognized later and many are in the pipeline for recognition of the postgraduate training.

The institution is eying to develop its university in the future.

# ACADEMIC SERVICES

## LIBRARY

The library is situated on the ground floor of the Medical College Building. The library resources include essential textbooks, reference books, journals, e-books, periodicals, newspapers, manuscripts, maps, prints, documents, and online subscriptions. The library has access to the HEC digital library as well as international online libraries and journals. The trained staff of the library is always there to help the students and the faculty to find their required source of knowledge whether it's a book, a journal, or an online source. The library has extended hours from 8am to 10pm.



## IT FACILITIES/ COMPUTER LABORATORY

The institution avowals of excellent IT facilities with a large computer laboratory situated close to the library. The lab has a high-speed internet connection and Wi-Fi services also available on the campus to enhance students' learning experience. The IT facilities provide the users with timely access to world-class information, helping them in learning, research, teaching and patient care and management decisions.



## CLINICAL SKILLS LABORATORY

The skill lab has been established in the complex keeping in mind the importance and significance of procedures requiring expertise and hands-on skills. The Lab has been furnished with all the equipment recommended by the regulatory authorities. It provides a resourceful environment for the students seeking a wide range of training skills which include clinical examination, diagnostic and therapeutic skills as well as communication skills.



## STUDENT ADVISORY SYSTEM

The management and Faculty of Shahida Islam Medical Complex is sensitive and aware about the importance of advisory system for students. The advice and information to students individually and collectively Includes:

- a) Supporting, Advising and Helping students with a view to enhancing their learning experience and professional development.
- b) Respecting student's confidentiality with the constraints regarding the praising and disclosure of personal data.
- c) Recognizing the diverse backgrounds of students.
- d) Providing impartial advice.



# CAMPUS FACILITIES

## HOSTELS AND ACCOMMODATION

Shahida Islam Medical Complex is situated near the serene and peaceful settings of Lodhran and Bahawalpur. Separate hostels are available for boys and girls within the campus premises having availability of all essentials of living 24/7. The students are provided with accommodation, mess, high speed internet and indoor sports facilities within the hostel. Separate common rooms for male and female students are available in the college and in the hostels.

The complex is one of its kind which provides in-house facility of Faculty Apartments also.



## SPORTS AND CO-CURRICULAR ACTIVITIES

Sports and Co-curricular activities are extremely essential in developing confidence and providing the complete institutional experience. We believe that an active body brings about an active mind. The complex has a separate discipline for co-curricular activities that works on developing an active student body responsible for organizing events, competitions, and conferences. Students are provided with the necessary facilities for sports, including cricket, football, basketball, and tennis. They are encouraged to take part in debates, declamations, conferences, and competitions within and outside the College.



## CAFETERIA

The complex encompasses two cafeterias where students, faculty and staff can have brunch/snacks in the break between lectures. The administration takes a keen interest in ensuring availability of hygienic and edible food. Event management and guest house dining facility is also provided.



## BOOK SHOP

The college also provides a well-upgraded bookshop for the students. This facility contains all the books, both academic and even some literary books for the enlightenment of the students.

## TRANSPORT AND ATM FACILITY

The administration has provided all the students and staff members with the transport facility. The transport is air conditioned, cozy, comfortable, well timed and maintains the given schedule. Details and schedule can be obtained from the transport office.

As the college is located at a distance from the main cities. So, to facilitate the students, faculty, and staff the ATM facility in collaboration with Bank Alfiah is established within the campus.



# STUDENT ACTIVITIES



White Coat Ceremony



White Coat Ceremony



White Coat Ceremony



Orientation Day



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Sports Week



Qawali Night



Qawali Night



Color Day Special



Annual Mushaira



Annual Mushaira



Annual Dinner



Annual Dinner



Ramadan Drive



Cricket match at CMH



Cricket match at CMH



Road Safety Training



Road Safety Training



Inspection for FCPS training



Bonfire night



Bonfire night



Husn-e-Qirat



## Shahida Islam Medical College Lodhran Affiliated with University Health Sciences Lahore

### VISION

To be a globally acclaimed institution, recognized for excellence in medical education, scientific research, and patient care.

### MISSION

To create a new genre of doctors trained to the highest levels of competence, committed to excellence, following professional ethics, and ready to serve the ailing humanity through:

- Innovative Education
- Research Distinction
- Clinical Excellence
- Evidence-Based Patient Management



رَبِّ زِدْنِي عِلْمًا  
اسٹریٹ جی ایم ایف سٹریٹ

SHAHIDA ISLAM  
MEDICAL COMPLEX

# SDMC IS YOUR PATHWAY TO A FULFILLING CAREER IN FIELD OF MEDICINE

(Rated as **A Grade** College by **PM&DC**)

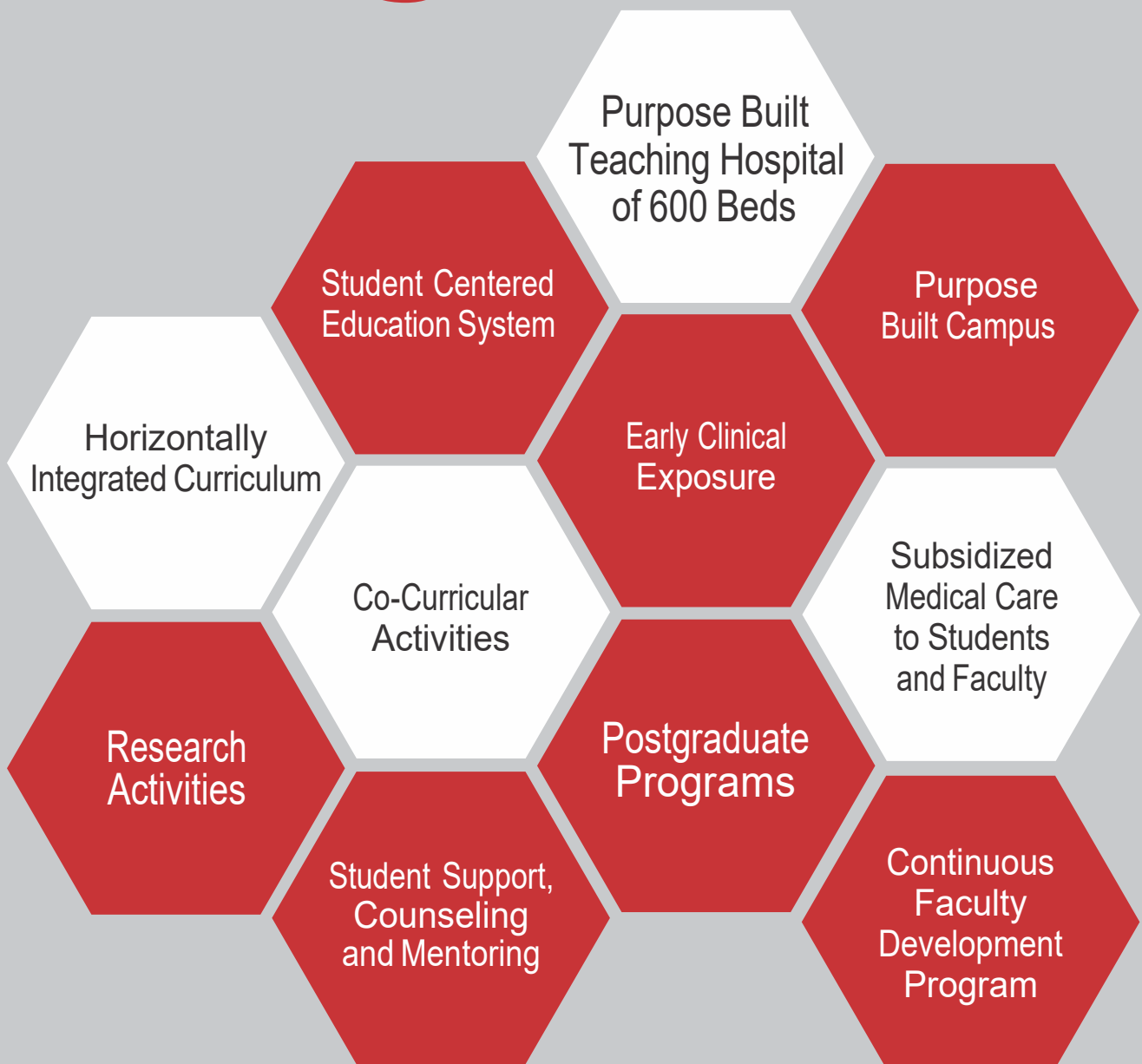
Shahida Islam Medical College offers a forward-looking educational environment in the field of medicine. Since its inception, the college's primary focus has been on excellence in education, research, patient care, and community service.

The college provides the best facilities for the students and the patients. Students are being taught, and the highly qualified academicians and clinicians are managing patients. The curriculum is designed in such a way that students are milled to be their best. The focus of teaching has been shifted to problem-oriented learning instead of conventional learning strategies.

The college is ranked amongst the top colleges of Punjab as per the PM&DC 2019 inspections. The college administration and faculty working as a family unit aim to make it ranked among the internationally recognized institutions. The college has its own 600 bedded teaching hospital for training the students in various clinical specialties.



# SET APART FROM THE REST



# MBBS

## Undergraduate Program

### Program Duration

5 years

### Timing

Full time (8am to 3pm)

### Dress Code

Male: White Shirt (full sleeve), Dark grey trouser, maroon tie with monogram, Black socks, and Black dress shoes. For winter maroon blazer / sweater / jersey.

Female: Maroon shirt (full sleeve), White shalwar, maroon dupatta, Black socks, and Black dress shoes. For winter maroon blazer / sweater / jersey

### Aims to Achieve

5-star doctors

- Competent Medical Care Provider
- Brilliant Clinical Decision Maker
- Creative Researcher
- Role Model
- Effective Communicator

### Strategies Adopted for Student Centered Approach

- Problem Based Learning (PBL)
- Small Group Discussions (SGD)
- Self-Directed Learning (SDL)
- Interactive Lectures and Seminars
- Practical teaching
- Early Clinical Exposure
- Representation in Curriculum Committee
- Integration of Curriculum
- Workshops on Communication Skills, Leadership Skills, and Professionalism
- Facilitation of participation in Research

- Provision of Study Guides
- Electives in area of interest of students
- Multi-disciplinary CPC

### Program Evaluation

We believe in quality of education delivery and to ensure that we achieve our aims a continuous process of program evaluation and feedback is in place. The features of the program are.

- Yearly feedback from students and teachers
- Feedback on curriculum
- Feedback about the stakeholders from both sides
- Process of feedback review
- Communication of feedback to stakeholders
- Appropriate reforms in curriculum on basis of feedback
- Quality Assurance of the program

### Research

Student research is an integral part of scientific and professional activities of the students. The institutional research committee hosts workshops and talks on a regular basis to enlighten the students about importance and methods of research. The committee provides opportunities and facilitation to the students to be involved in research and motivates them to present papers in national and international conferences. The students are awarded additional marks in internal assessment for their research participation.

### Mentorship

The students of SDMC are like our own sons and daughters. The director of student affairs along with histeam of faculty members give dedicated time for mentoring sessions.

# MBBS

## Undergraduate Program

### Department of Medical Education

There is a rising interest in medical education as a discipline or a specialty all over the world to meet public expectations related to healthcare and educational developments. It is now acknowledged that a department of medical education should have an across-the-board function that includes research, teaching with explicit methodology, service provision and nurturing the careers of the academic staff.

The department of medical education is set to be pioneering department in delivering integrated medical education through innovative methods and a collaborating center in the field of health education not only in Shahida Islam Medical College but also in the region. We are committed to following the values of high ethical standards, respect and culture sensitivity, high quality, leadership and teamwork, scientific creativity, and relevance to the community needs.

The goals to be achieved are divided in short- and long-term durations.

### Short term Goals

- Integrated curriculum development
- The art and science of teaching and learning by giving innovative teaching and learning methods.
- The art and science of assessment
- Improving the examination systems
- Faculty development programs
- Establishment of Quality Enhancement/ Quality Assurance Cell

### Long term Goals

- Research work
- Conduct workshops for credit hours recognized by UHS and PM&DC
- Multi professional staff development programs
- Aiding Programs for students, teaching and non-teaching staff.

## 2nd International Certificate in Medical Teaching (ICMT) held at SIMC



# MBBS

## Curricular Framework

### First Professional

(Modular Curriculum)

#### BLOCK-1

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### BLOCK-2

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### BLOCK-3

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### NOTE:

Any students who fail to clear the first or Second Professional M.B.B.S examination separately in four chances availed or un-availed after becoming eligible for each examination shall cease to become eligible for further medical education in Pakistan.

### Second Professional

(Modular Curriculum)

#### BLOCK-4

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### BLOCK-5

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### BLOCK-6

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### Islamiat and Pakistan Studies

Theory: 90 Marks Internal

Evaluation: 10 Marks Total:

100 Marks

### Third Professional

(Modular Curriculum)

#### BLOCK-7

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### BLOCK-8

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

#### BLOCK-9

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

**NOTE:** Each Modular Curriculum Professional Year will comprise of BLOCK EXAMINATION. While each block will have fortnightly CAT. All these will be included in InternalAssessment for that year.

# MBBS

## Curricular Framework

### Fourth Professional

#### (Modular Curriculum)

##### BLOCK-10

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

##### BLOCK-11

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

##### BLOCK-12

Theory: 140 Marks

Internal Evaluation: 35 Marks

Oral and Practical :140Marks

Internal Evaluation: 35 Marks

Total: 350 Marks

**NOTE:** Each Traditional Curriculum Professional Year will comprise of TERMS and Year ending SEND UP EXAMINATION. While each term has Subject wise class tests and End Term Examination. All these will be included in InternalAssessment for that year.

### Final Professional

#### MEDICINE INCLUDING PSYCHIATRY and DERMATOLOGY

##### Theory

- Paper I: 100 Marks
- Paper II: 100 Marks
- Internal Evaluation:50 Marks
- Total: 250 Marks

##### Clinical/Practical exam

- Clinical: 130 Marks
- OSCE: 70 Marks
- Internal Evaluation: 50 Marks
- Total: 250 Marks

Grand Total: 500 Marks

#### SURGERY INCLUDING ORTHOPEDIC and ANESTHESIA

##### Theory

- Paper-I: 100 Marks
- Paper II: 100 Marks
- Internal Evaluation:  
50 Marks
- Total: 250 Marks

##### Clinical/Practical exam

- Clinical: 130 Marks
- OSCE: 70 Marks
- Internal Evaluation:  
50 Marks
- Total: 250 Marks

Grand Total: 500 Marks

#### OBSTETRICS AND GYNECOLOGY

##### Theory

- Paper I: 60 Marks
- Paper II: 60 Marks
- Internal Evaluation: 30 Marks
- Total: 150 Marks

##### Clinical/ Practical exam

- Clinical: 60 Marks
- OSCE: 60 Marks
- Internal Evaluation: 30 Marks
- Total: 150 Marks

Grand Total: 300 Marks

#### PEDIATRICS

##### Theory

- Paper I: 60 Marks
- Paper II: 60 Marks
- Internal Evaluation: 30  
Marks
- Total: 150 Marks

##### Clinical/ Practical exam

- Clinical: 60 Marks
- OSCE: 60 Marks
- Internal Evaluation: 30  
Marks
- Total: 150 Marks

Grand Total: 300 Marks

# MBBS

## Eligibility Criteria, Rules, and Regulations

### Admission Procedure

All admissions to the MBBS and BDS programs will be carried out as per the following criteria and all the prevailing rules and regulations of the regulator in this regard will be considered as part of these criteria.

#### ADMISSION REGULATIONS

Weightage of Merit	
National MDCAT (min 55% marks)	50%
F.Sc or Equivalent (min 60% marks)	40%
Matric or Equivalent	10%
Number of Seats	
M.B.B.S.	150

1. Admissions to Shahida Islam Medical College Lodhran shall be conducted through online application portal of the UHS Lahore.
2. The online acceptance of MBBS registration applications will be available at [www.uhs.edu.pk](http://www.uhs.edu.pk) after the announcement of MDCAT result.
3. The students must choose the program in which they want to apply. A student having not applied to a given program shall not be entitled to admission to such program.
4. The foreign student is the one who has foreign nationality or is an overseas (being a Pakistani citizen permanently resident in a foreign country) There will be 15% quota for Foreign Students.
5. The last date for online admission form deposition for **MBBS** will be **as per the deadlines of UHS**.
6. Provisional merit list will be displayed after the closure of applications and final merit list will be displayed on UHS website [www.uhs.edu.pk](http://www.uhs.edu.pk)
7. The final merit list shall represent an offer by the UHS to the students based on their merit against the allocated seat of each college.
8. The students selected will have three (3) working days to submit their fee which shall represent acceptance of offer by student. Evidence of fee payment / fee receipt must be emailed to

[admissions@simc.edu.pk](mailto:admissions@simc.edu.pk) for inclusion in final admitted list.

9. The student accepting the offer will have to physically appear for document verification and signing of consent.
10. Any student not accepting the offer shall enable the next student in the merit list to avail of the offer.
11. If a student after having obtained admission seeks to leave the program will have the deductions as per PM&DC and UHS prevailing regulations
12. The admitted students must deposit the IBCC Verified Original Matric and Intermediate (or equivalent) certificates. Any students whose certificates/credentials are not duly verified or are found to be false or forged shall have the admission terminated with immediate effect with intimation to UHS and regulatory authority. The college will give the next student in waiting list the admission/fee submission offer against that vacant seat.
13. After verification, the FINAL LIST of admitted students along with verifications will be forwarded to UHS and regulatory authority for registration of the students with both authorities.
14. A student when accepting admission to the college shall mandatorily disclose to the college if a prior admission has been accepted by the student to any other college, and such student shall prior to accepting such admission letter must in writing inform the prior college of cancellation of their acceptance with a copy to the designated email of the Authority. Failure by a student to cancel the prior acceptance of admission shall render all admission offers of the student as void and the student shall be ineligible for admission.

**IMPORTANT NOTE:** These rules, regulations and timelines can be modified according to the any new Federal/Provincial Government Policies and/or any new regulatory authority notifications. Candidates must get updated information from college website [www.simc.edu.pk](http://www.simc.edu.pk) or college admission office at time of applying for the above programs.

# MBBS

## Eligibility Criteria, Rules, and Regulations

### Fee Payment

1. The discounted tuition fee (fixed annual charges), hostel fee (for boarders) and transport fee (for day scholars) will be charged on an annual basis and will have to be paid in advance before the start of the academic session.
2. Hostel, Mess, and transport charges can be changed at any time during the academic year and will have to be paid in advance.
3. The schedule of next year's fee submission will be notified during August each year.
4. Admission fee, security fee and hostel fee, once paid, are non-refundable.
5. The tuition fee and other charges once paid are only refundable as per the PM&DC policy.
6. As per PM&DC admission regulations, discounted fee for the students opting annual fee submission is displayed on the college website. The students opting for fee submission six monthly will have to pay 2% extra on the tuition fee while student opting for fee submission on quarterly basis will have to pay 4% extra on the tuition fee.
7. Applicants should seek clarification about fees/ other dues from the Accounts Office or [admissions@simc.edu.pk](mailto:admissions@simc.edu.pk) before depositing as otherwise the institution will be bound to follow clause 4, 5 & 6 of fee structure.
8. Students defaulting in fee payment may be expelled/ suspended and/or barred from attending the classes and examination until the clearance of dues in accordance with the college policies and procedures. In addition, late fee submission charges as per college policy will be collected.
9. There is no extra tuition fee for the supplementary examination.
10. The students repeating the year based on being debarred from appearing in the university examination shall be charged the full fee as per the session with which he/she will be studying for next year.
11. The detained students will be charged a fee in proportion to the number of failed subjects of that professional examination as per the session with which he/she will be studying for next year.
12. Students will not be allowed to appear in any university examination unless all outstanding dues are fully cleared before the examination's registration deadline.
13. Any further additional charges levied by the government, the

University of Health Sciences or the PM&DC during studies will be charged from the students.

IMPORTANT NOTE: These rules and regulations can be modified according to the PM&DC notifications.

### Financial Incentive/ Academic Scholarship

1. The students securing 1st, 2nd, or 3rd positions in the annual university examination will be given a 100% fee waiver for the next academic year with Rs: 50,000 cash awards.
2. The top 5 students securing more than 85% marks (theory portion) in the annual university examination will be given the academic scholarship equivalent to 20% of the yearly tuition fee in the coming year.

### Migration Policy

1. Migration rules of the PM&DC and the UHS will be followed.
2. Student seeking migration will be issued NOC by the college depending on the availability of seat in that session.
3. A student must get the NOC from the UHS, after that his/her student registration will be sent.
4. Once registered with the UHS then he/she will be allowed to attend the classes and information will be sent to the PM&DC for updating the record.

### Criteria to sit in Professional Examination

1. Clearance of all types of college dues.
2. 85% attendance in lectures, demonstrations, practical and clinical rotations in each subject.
3. 50% marks in send-up examination per subject/ 50% cumulative marks in block exams.

IMPORTANT NOTE: Any student not fulfilling any one of the above criteria becomes ineligible to sit the professional examination and this decision is not challenge-able in any court of law. The criteria can be modified according to any new PM&DC/UHS regulations made at any time during the session.

### Pass Marks

1. Pass marks for professional examinations are 50% independently in theory and practical examination.
2. If a candidate fails any part of the exam, i.e., theory or practical/clinical, he/she must reappear in both.

# MCPS

## Postgraduate Program

**Program Duration**  
2 years

**Timing**  
Full time residential training

**Affiliation**  
College of Physician and Surgeons Pakistan (CPSP)

**Induction**  
As per CPSP regulations twice a year in January and July

**Entry Requirement**

- M.B.B.S with valid PMC registration
- 1 year house job in a recognized institution
- Interview
- CPSP guidelines

**Attendance Regulations**

- 80% Attendance is mandatory.
- The leaves will be allowed as per CPSP policy.

**Aim**  
To produce high quality specialists by inculcating professionalism in them through

- Knowledge (C)
  - Psychomotor skills (P)
  - Attitude (A)
- To make them an asset for the society and to bring pride and honor to the institution and the country both at national and international levels.

### Road Map

<b>MCPS Entry</b>	As per CPSP Rules
<b>Final Exam</b>	Rotations complete Logbook complete and signed All codal formalities of CPSP complete

### Currently Running Programs

- MCPS Anesthesia
- MCPS Forensic Medicine
- MCPS Pediatrics
- MCPS Ophthalmology
- MCPS Oto-Rhino-Laryngology (E.N.T)
- MCPS Radiology

### Future Programs to be Accredited Soon

- MCPS Clinical Pathology

Model United Nations (MUN) Held at Nishtar Medical University Winner NUMUN



# FCPS

## Postgraduate Program

### Program Duration

4 years

### Timing

Full time residential training

### Affiliation

College of Physician and Surgeons Pakistan (CPSP)

### Induction

As per CPSP regulations twice a year in January and July

### Entry Requirement

- M.B.B.S with valid PMC registration
- 1 year house job in a recognized institution
- FCPS Part-I passing certificate.
- Interview
- CPSP guidelines

### Attendance Regulations

- 80% Attendance is mandatory.
- The leaves will be allowed as per CPSP policy.

### Aim

To produce high quality specialists by inculcating professionalism in them through

- Knowledge
- Psychomotor skills (P)
- Attitude (A)

To make them an asset for society and to bring pride and honor to the institution and the country both at national and international levels.

### Road Map

<b>FCPS Entry</b>	As per CPSP Rules
<b>IMM</b>	Eligibility after 2 years Synopsis approval
<b>Part-II</b>	IMM Clear Rotations complete Logbook complete and signed Dissertation submitted. All codal formalities of CPSP complete

### Currently Running Programs

- FCPS Gynecology and Obstetrics
- FCPS Forensic Medicine
- FCPS General Medicine
- FCPS General Surgery
- FCPS Pediatric Medicine
- FCPS Chemical Pathology
- FCPS Ophthalmology
- FCPS Otorhinolaryngology
- FCPS Radiology

### Future Programs to be Accredited.

- FCPS Anesthesia
- FCPS Orthopedics
- FCPS Psychiatry
- FCPS Anatomy
- FCPS Cardiology
- FCPS Cardiac Surgery
- FCPS Community Medicine

### CPSP visit for Ophthalmology and Pathology Accreditation



# SDMC FACULTY

## ANATOMY

Prof. Dr. Bashir Ahmad	Professor	Dr. Muhammad Abdullah	Demonstrator
Prof. Dr. Mazhar Ul Haque	Professor	Dr. Sana Ali	Demonstrator
Dr. Rida Rubab	Assistant Professor	Dr. Jannaat Ul Firdous	Demonstrator
Dr. Muhammad Saddique	Demonstrator	Dr. Yushaa Rehman	Demonstrator
Dr. Ayesha Naz	Demonstrator	Dr. Sadia Afzal	Demonstrator
Dr. Talat Gharoo	Demonstrator	Dr. Amna Khalid	Demonstrator
Dr. Kamran Mumtaz	Demonstrator	Dr. Zakia Naveed	Demonstrator
Dr. Arslan Iqbal	Demonstrator		

## BEHAVIORAL SCIENCE & PSYCHIATRY

Prof. Dr. Abdul Shakoor	Professor	Dr. Shoab Ahmed	Residents /MO
Dr. Naeem Amjad	Assistant Professor	Dr. Hafiz Muhammad Ahmad Qureshi	Residents /MO

## BIOCHEMISTRY

Prof. Dr. Sadia Mehmood	Professor	Dr. Hoor-Ul-Ain	Demonstrator
Dr. Liaqat Ali	Associate Professor	Dr. Mishaal Saeed	Demonstrator
Dr. Khawar Anwar	Assistant Professor	Dr. Larail Faheed Khan	Demonstrator
Dr. Raisa Shaikh	Assistant Professor	Dr. Fatima Zafar	Demonstrator
Dr. Najam-Ul-Huda	Demonstrator		

## COMMUNITY MEDICINE

Prof. Dr. Akram Saeed	Professor	Dr. Zarmina Younes	Demonstrator
Prof. Dr. Ijaz Ahmad Shah	Professor	Dr. Ayesha Muzaffar	Demonstrator
Dr. Seema Yasmeen	Associate Professor	Dr. Naveera Naveed	Demonstrator
Dr. Khalid Majeed	Assistant Professor	Dr. Muhammad Sharif Yaqoob	Demonstrator
Dr. Javid Ahmad	Assistant Professor	Dr. Maham Masood	Demonstrator
Dr. Ali Mumtaz	Demonstrator	Dr. Saqib Manzoor	Demonstrator

## ENT

Dr. Irshad Ul Haq	Professor	Dr. Maryam Noor	Residents /MO
Dr. Farooq Ahmad	Associate Professor	Dr. Moiz Ullah	Residents /MO
Dr. Ishaq Hussain Rana	Assistant Professor	Dr. Hamza Gulzar	Residents /MO
Dr. Muhammad Afzal	Assistant Professor	Dr. Mumtaz Bashir	Residents /MO
Dr. Ammar Nasir	Senior Registrar		

## EYE

Prof. Dr. Tariq Mehmood Arain	Professor	Dr. Hafeez Ur Rehman	Residents /MO
Prof. Dr. Muhammad Khalid	Professor	Dr. Afzal Mustafa	Residents /MO
Dr. Muhammad Sohail Arshad	Assistant Professor	Dr. Noor Fatima	Residents /MO
Dr. Waqar Ul Haq	Senior Registrar	Dr. Muhammad Hamza	Residents /MO
Dr. Imtiaz Aslam	Senior Registrar	Dr. Aqsa Talat	Residents /MO
Dr. Jameela Faisal	Senior Registrar		

## FORENSIC MEDICINE

Dr. Hafiza Naima Anwar	Assistant Professor	Dr. Malahil Ali	Demonstrator
Dr. Fatima Akram	Demonstrator	Dr. Saba Muazzam	Demonstrator
Dr. Amir Sohail	Demonstrator	Dr. Aamin Majeed	Demonstrator

## GYNAE & OBSTETRICS

Prof. Dr. Aslam Mehmood Malik	Professor	Dr. Arooj Akram	Senior Registrar
Prof. Dr. Sohail Chaudhary	Professor	Dr. Aiman Yousuf	Senior Registrar
Dr. Joveria Sadaf	Associate Professor	Dr. Mashal Fatima	Residents /MO
Dr. Talat Parveen	Associate Professor	Dr. Hamna Iqbal	Residents /MO
Dr. Sana Aara	Assistant Professor	Dr. Saliha Anwar	Residents /MO
Dr. Sana Hafeez	Assistant Professor	Dr. Mehwish Qadir	Residents /MO
Dr. Fareeha Usman	Assistant Professor	Dr. Aqsa Masood	Residents /MO
Dr. Umaira Munir	Assistant Professor	Dr. Kinza Ayesha	Residents /MO
Dr. Abree Shaheenaz	Senior Registrar	Dr. Maheen Zafar	Residents /MO
Dr. Ayesha Ajmal	Senior Registrar	Dr. Usman Mehmood	Residents /MO

## MEDICAL EDUCATION

Dr. Mavra Imtiaz	Assistant Professor	Dr. Talha Khalid	Demonstrator
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## MEDICINE

Prof. Dr. Azfar Farogh	Professor	Dr. Syeda Masooma Batool	Residents /MO
Prof. Dr. Aftab Jamil	Professor	Dr. Maikmal Awan	Residents /MO
Prof. Dr. Naveed Shareef	Professor	Dr. Kalnat	Residents /MO
Dr. Jalil Iqbal	Associate Professor	Dr. Aqib Ishaq	Residents /MO
Dr. Rana Aatif Siddique	Assistant Professor	Dr. Farah Jabeen	Residents /MO
Dr. Saba Anjum	Assistant Professor	Dr. Shumila Naz	Assistant Professor
Dr. Naveed Nayyar	Assistant Professor	Dr. Faisal Iqbal	Residents /MO
Dr. Hussain Shokeet	Senior Registrar	Dr. Farheen Aslam	Residents /MO
Dr. Muhammad Kamran Tariq	Senior Registrar	Dr. Muhammad Yaqoob Khan	Residents /MO
Dr. Amir Bashir	Senior Registrar	Dr. Awaiz Laghari	Residents /MO
Dr. Asad Ur Rehman Khan	Senior Registrar	Dr. Irsa Abbasi	Residents /MO
		Dr. Masoom Qasim	Residents /MO

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Dr. Adeel Zaffar	Associate Professor	Dr. Hamza Khawar	Demonstrator
Dr. Umair Azmat	Assistant Professor	Dr. Tehreem Fatima	Demonstrator
Dr. Uzma Chohan	Assistant Professor	Dr. Arfa Arshad	Demonstrator
Dr. Saeed Sattar Sheikh	Assistant Professor	Dr. Ayesha Abdul Qadir	Demonstrator
Dr. Rabia Naseer Khan	Assistant Professor	Dr. Ibtasam Zaffar	Demonstrator

# SDMC FACULTY

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Dr. Muhammad Irfan  
Dr. Muhammad Jamil  
Dr. Mahnaz Hakeem Mahar  
Dr. Anfal Firdos  
Dr. Kaleem Raza  
Dr. Quratul Aalim

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Associate Professor  
Assistant Professor  
Assistant Professor  
Assistant Professor  
Senior Registrar  
Senior Registrar  
Residents /MO

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Dr. Shaiza Inam  
Dr. Imran Iqbal  
Dr. Urva Tahreem  
Dr. Sadia Ashiq  
Dr. Amna Younis  
Dr. Muhammad Huzefa

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Residents /MO  
Residents /MO  
Residents /MO  
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Demonstrator

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Dr. Hira Habib  
Dr. Sidra Jilili  
Dr. Mutayyeba Mumtaz

Demonstrator  
Demonstrator  
Demonstrator  
Demonstrator  
Demonstrator

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Prof. Dr. Ibrahim Khan  
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Dr. Sampana  
Dr. Nimrah  
Dr. Areeba Irfan  
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Dr. Syed Haris Ahmad

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Professor  
Assistant Professor  
Assistant Professor  
Assistant Professor  
Demonstrator  
Demonstrator  
Demonstrator

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Dr. Bushra Sabir Ali  
Dr. Qurat-Ul-Ain  
Dr. Hamza Ibrahim  
Dr. Falqa Sajjad  
Dr. Talmoor Dahir

Demonstrator  
Demonstrator  
Demonstrator  
Demonstrator  
Demonstrator  
Demonstrator  
Demonstrator  
Demonstrator

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Prof. Dr. Haji Gulzar Ahmad  
Prof. Dr. Arshad Abbas  
Prof. Dr. Tahir Ali  
Dr. Abdul Ghaffar  
Dr. Farrukh Hassan Rizvi  
Dr. Huma Jamil  
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Dr. Nehal Naseer

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Professor  
Professor  
Professor  
Assistant Professor  
Assistant Professor  
Assistant Professor  
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Residents /MO  
Residents /MO  
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Professor  
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Dr. Yousaf Rana

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Assistant Professor  
Assistant Professor  
Assistant Professor  
Assistant Professor

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Dr. Abuzar Rehmani  
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Professor

Mehboob Alam

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Dr. Awais Nizami  
Dr. Muhammad Irfan Yousaf  
Dr. Syed Sadaqat Ali

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Assistant Professor  
Residents /MO  
Residents /MO

Dr. Naeem Sial  
Dr. Muhammad Afzal  
Dr. Sadaf Itikhar  
Dr. Adeela Shahzadi

Residents /MO  
Residents /MO  
Residents /MO  
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Professor

## DERMATOLOGY

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Dr. Sarah Bilal

Assistant Professor  
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Dr. Nabila Muneer

Residents /MO

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Dr. Hasham Mazhar Jofri

Assistant Professor  
Residents /MO

Dr. Umalla Qayyum

Residents /MO

## NEPHROLOGY

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Dr. Anisat Sarwar

Associate Professor  
Residents /MO

Dr. Syed Umair Shah  
Dr. Noor Ul Samad

Residents /MO  
Residents /MO

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Assistant Professor

Dr. Esha Ahmad

Registrar

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Dr. Khizer Hayat Makkil  
Dr. Muhammad Abid  
Dr. Azlan Bashir

Professor  
Assistant Professor  
Assistant Professor  
Assistant Professor  
Senior Registrar

Dr. Tahir Fareed  
Dr. Maria Bashir  
Dr. Sumaiya Fareed  
Dr. Sidra Ashraf  
Dr. Kanwal Sander

Residents /MO  
Residents /MO  
Residents /MO  
Residents /MO  
Residents /MO

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Dr. Muhammad Usman Hafeez  
Dr. Asad Ullah

Assistant Professor  
Residents /MO

Dr. Fida Muhammad  
Dr. Asma Abdul Khaliq

Residents /MO  
Residents /MO

## PULMONOLOGY

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Assistant Professor

Dr. Usman Abid

Residents /MO

## RADIOLOGY

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Dr. Fahad Muhtar Hashmi  
Dr. Wajeena Anwar  
Dr. Salma Sadiq

Associate Professor  
Assistant Professor  
Assistant Professor  
Assistant Professor

Dr. Sana Altaf  
Dr. Asad Sehbaz  
Dr. Raimat Khalid

Residents /MO  
Residents /MO  
Residents /MO

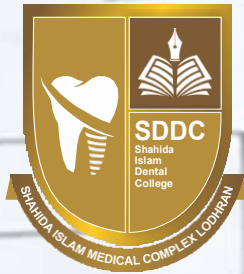
## UROLOGY

Dr. Mudassar Saeed Pansota  
Dr. Mashkoor Aslam

Assistant Professor  
Senior Registrar

Dr. Shahia Karam  
Dr. Aamun Jawaid

Residents /MO  
Residents /MO



## Shahida Islam Dental College Lodhran Affiliated with University Health Sciences Lahore

### VISION

To be a globally acclaimed institution, recognized for excellence in Dental Education, Scientific Research and Patient Care.

### MISSION

To create a new genre of doctors trained to the highest levels of competence, committed to excellence, following professional ethics and ready to serve the ailing humanity through:

- Innovative Education.
- Research Distinction.
- Clinical Excellence.
- Evidence based patient management.

ماشاء

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A SLAM  
COLLEGE

HONS

ACADEMIC  
BLOCK

HOSPITAL

**SDDC IS THE GATEWAY  
TO AN ACCOMPLISHING CAREER  
IN THE FIELD OF DENTISTRY.**  
(Rated as **A+ Grade** College by **PM&DC**)

Shahida Islam Dental College offers an avant-garde educational environment in the field of dentistry. The college's primary focus is on distinguishing dental education, high-quality research, patient management, and community service.

The college provides the best facilities in the area for both the students and the patients. The highly qualified teachers and clinicians are fully motivated to deliver the best possible teaching and patient care opportunities. The focus of the curriculum design and delivery is being shifted to student-centered, problem-based learning to produce the best among the rest.

The college achieved the top ranks in the PM&DC 2019 inspections. This resulted in a new motivation in the faculty and staff to strive further to make this an internationally accepted institution. The college has infrastructure and equipment the best available in South Punjab



# Characteristics Above the competitive

Largest Dental  
Treatment Facility  
of South Punjab

Student Centered  
Education System

Purpose  
Built Campus

Horizontally  
Integrated  
Curriculum

Early Clinical  
Exposure

Co-Curricular  
Activities

Subsidized  
Dental Care  
to Students  
and Faculty

Research  
Activities

Interactive  
Learning  
Experience

Student Support,  
Counseling  
and Mentoring

Continuous  
Faculty  
Development  
Program

# BDS

## Undergraduate Program

### Program Duration

4 years

### Timing

Full time (8am to 3pm)

### Dress Code

Male: White Shirt (full sleeve), Camel trouser, Camel tie with monogram, Black socks, and Black dress shoes. For winter Camel blazer / sweater / jersey.

Female: Camel shirt (full sleeve), White shalwar, White dupatta, Black socks, and Black dress shoes. For winter Camel blazer / sweater / jersey

### Aims to Achieve

5 star Dentist

- Competent Dental Care Provider
- Brilliant Clinical Decision Maker
- Creative Researcher
- Role Model
- Effective Communicator

### Strategies Adopted for

#### Student Centered Approach

- Problem Based Learning (PBL)
- Small Group Discussions (SGD)
- Self-Directed Learning (SDL)
- Interactive Lectures and Seminars
- Practical Teaching
- Early Clinical Exposure
- Representation in Curriculum Committee
- Integration of Curriculum
- Workshops on Communication Skills, Leadership Skills, and Professionalism
- Facilitation of Participation in Research
- Provision of Study Guides

- Electives in area of interest of students
- Multi-Disciplinary CPC

### Program Evaluation

We believe in quality of education delivery and to ensure that we achieve our aims, a continuous process of program evaluation and feedback is in place. The features of the program are.

- Yearly feedback from students and teachers
- Feedback on curriculum
- Feedback about the stakeholders from both sides
- Process of feedback review
- Communication of feedback to stakeholders
- Appropriate reforms in curriculum on basis of feedback

### Research

Student research is an integral part of scientific and professional activities of the students. The institutional research committee hosts workshops and talks on a regular basis to enlighten the students about importance and methods of research. The Committee provides opportunities and facilitation to the students to be involved in research and motivates them to present papers in national and international conferences. The students are awarded additional marks in internal assessment for their research participation.

### Mentorship

The students of SDDC are like our own sons and daughters. The director student affairs along with his team of faculty members give dedicated time for mentoring sessions.

# BDS

## Undergraduate Program

### Department of Dental Education

A good teacher is a blessing like a good institution. The department of dental education has its focus to develop more and more good teachers. For this department runs a program of continuing professional development through workshops. These workshops make the faculty well versed with the changing trends in dental education and equip them to implement the student-centered curriculum for better training and outcome of the students.

The department broadly works on these areas.

- Need analysis!
- Faculty development
- Program management

- Supportive supervision and evaluation
- Structured teaching program development
- Quality assessment of teaching program
- Curriculum development

The department goals are to conduct workshops on

- How students learn
- Writing learning outcomes
- How to make good power point presentations
- How to facilitate small group discussions
- Development of MCQs
- Assessment of skills and attitude
- Curriculum designing and implementation
- Simulation based dental education



Workshop by Department of Medical and Dental Education on Small Group Teaching

# BDS

## Curricular Framework

### First Professional

#### BLOCK-1

Theory Paper: 120 Marks  
Internal Evaluation: 30 Marks  
Oral and Practical: 120 Marks  
Internal Evaluation: 30 Marks  
Total: 300 Marks

#### BLOCK-2

Theory Paper: 120 Marks  
Internal Evaluation: 30 Marks  
Oral and Practical: 120 Marks  
Internal Evaluation: 30 Marks  
Total: 300 Marks

#### BLOCK-3

Theory Paper: 120 Marks  
Internal Evaluation: 30 Marks  
Oral and Practical: 120 Marks  
Internal Evaluation: 30 Marks  
Total: 300 Marks

#### ISLAMIAT/ PAK STUDIES

Islamiat/ Civics: 60 Marks  
Pak Studies: 40 Marks  
Total: 100 Marks

### Second Professional

#### BLOCK-4

Theory Paper: 120 Marks  
Internal Evaluation: 30 Marks  
Oral and Practical: 120 Marks  
Internal Evaluation: 30 Marks  
Total: 300 Marks

#### BLOCK-5

Theory Paper: 120 Marks  
Internal Evaluation: 30 Marks  
Oral and Practical: 120 Marks  
Internal Evaluation: 30 Marks  
Total: 300 Marks

#### BLOCK-6

Theory Paper: 120 Marks  
Internal Evaluation: 30 Marks  
Oral and Practical: 120 Marks  
Internal Evaluation: 30 Marks  
Total: 300 Marks

#### Note:

Any students who fail to clear the first Professional BDS examination in four chances availed or un-availed after becoming eligible for each examination shall cease to become eligible for further dental education in Pakistan.

Each Modular Curriculum Professional Year will comprise of BLOCK EXAMINATION. While each block will have fortnightly CAT. All these will be included in Internal Assessment for that year.

# BDS

## Curricular Framework

### Third Professional

#### GENERAL SURGERY

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Clinical/ Practical Exam: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

#### GENERAL MEDICINE

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Clinical/ Practical Exam: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

#### ORAL PATHOLOGY

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Oral and Practical: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

#### PERIODONTOLOGY

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Oral and Practical: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

#### ORAL MEDICINE

Theory Paper: 45 Marks  
Internal Evaluation: 5 Marks  
Oral and Practical: 45 Marks  
Internal Evaluation: 5 Marks  
Total: 100 Marks

### Final Professional

#### PROSTHODONTICS

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Clinical/ Practical Exam: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

#### OPERATIVE DENTISTRY

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Clinical/ Practical Exam: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

#### ORAL AND MAXILLOFACIAL SURGERY

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Clinical/ Practical Exam: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

#### ORTHODONTICS

Theory Paper: 90 Marks  
Internal Evaluation: 10 Marks  
Clinical/ Practical Exam: 90 Marks  
Internal Evaluation: 10 Marks  
Total: 200 Marks

NOTE: Each Professional Year will comprise of TERMS and Year ending SEND UP EXAMINATION. At the same time, each term has subject wise class tests and End Term Examination. All these will be included in the Internal Assessment for that year.

# BDS

## Eligibility Criteria, Rules, and Regulations

### Admission Procedure

All admissions to the B.D.S. program will be carried out in line with the prevailing rules and regulations of the regulator. Students from all provinces of Pakistan, Islamabad, FATA & overseas can apply for admission.

#### ADMISSION REGULATIONS

##### Weightage of Merit

National MDCAT (min 50% marks)	50%
F.Sc or Equivalent (min 60% marks)	40%
Matric or Equivalent	10%

##### Number of Seats

B.D.S.	75
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1. Admissions to Shahida Islam Dental College Lodhran shall be conducted through online application portal of the UHS Lahore.
2. The online acceptance of BDS registration applications will be available at [www.uhs.edu.pk](http://www.uhs.edu.pk) after the announcement of MDCAT result.
3. The students must choose the program in which they want to apply. A student having not applied to a given program shall not be entitled to admission to such program.
4. The foreign student is the one who has foreign nationality or is an overseas (being a Pakistani citizen permanently resident in a foreign country) There will be 15% quota for Foreign Students.
5. The last date for online admission form deposition for **BDS** will be **as per the deadlines of UHS**.
6. Provisional merit list will be displayed after the closure of applications and final merit list will be displayed on UHS website [www.uhs.edu.pk](http://www.uhs.edu.pk)
7. The final merit list shall represent an offer by the UHS to the students based on their merit against the allocated seat of each college.
8. The students selected will have three (3) working days to submit their fee which shall represent acceptance of offer by student. Evidence of fee payment / fee receipt must be emailed to

[admissions@simc.edu.pk](mailto:admissions@simc.edu.pk) for inclusion in final admitted list.

9. The student accepting the offer will have to physically appear for document verification and signing of consent.
10. Any student not accepting the offer shall enable the next student in the merit list to avail of the offer.
11. If a student after having obtained admission seeks to leave the program will have the deductions as per PM&DC and UHS prevailing regulations.
12. The admitted students must deposit the IBCC Verified Original Matric and Intermediate (or equivalent) certificates. Any students whose certificates/credentials are not duly verified or are found to be false or forged shall have the admission terminated with immediate effect with intimation to UHS and regulatory authority. The college will give the next student in waiting list the admission/fee submission offer against that vacant seat.
13. After verification, the FINAL LIST of admitted students along with verifications will be forwarded to UHS and regulatory authority for registration of the students with both authorities.
14. A student when accepting admission to the college shall mandatorily disclose to the college if a prior admission has been accepted by the student to any other college, and such student shall prior to accepting such admission letter must in writing inform the prior college of cancellation of their acceptance with a copy to the designated email of the Authority. Failure by a student to cancel the prior acceptance of admission shall render all admission offers of the student as void and the student shall be ineligible for admission.

**IMPORTANT NOTE:** These rules, regulations and timelines can be modified according to the any new Federal/Provincial Government Policies and/or any new regulatory authority notifications. Candidates must get updated information from college website [www.simc.edu.pk](http://www.simc.edu.pk) or college admission office at time of applying for the above programs.

# BDS

## Eligibility Criteria, Rules, and Regulations

### Fee Payment

1. The discounted tuition fee (fixed annual charges), hostel fee (for boarders) and transport fee (for day scholars) will be charged on an annual basis and will have to be paid in advance before the start of the academic session.
2. Hostel, Mess, and transport charges can be changed at any time during the academic year and will have to be paid in advance.
3. The schedule of next year's fee submission will be notified during August each year.
4. Admission fee, security fee and hostel fee, once paid, are non-refundable.
5. The tuition fee and other charges once paid are only refundable as per the PM&DC policy.
6. As per PM&DC admission regulations discounted fee for the students opting annual fee submission is displayed on the college website. The students opting for fee submission six monthly will have to pay 2% extra on the tuition fee while student opting for fee submission on quarterly basis will have to pay 4% extra on the tuition fee.
7. Applicants should seek clarification about fees/ other dues from the Accounts Office or [admissions@simc.edu.pk](mailto:admissions@simc.edu.pk) before depositing as otherwise the institution will be bound to follow clause 4, 5 & 6 of fee structure.
8. Students defaulting in fee payment may be expelled/suspended and/or barred from attending the classes and examination until the clearance of dues in accordance with the college policies and procedures. In addition, late fee submission charges as per college policy will be collected.
9. There is no extra tuition fee for the supplementary examination.
10. The students repeating the year based on being debarred from appearing in the university examination shall be charged the full fee as per the session with which he/she will be studying for next year.
11. The detained students will be charged a fee in proportion to the number of failed subjects of that professional examination as per the session with which he/she will be studying for next year.
12. Students will not be allowed to appear in any university examination unless all outstanding dues are fully cleared before the examination's registration deadline.
13. Any further additional charges levied by the government, the University of Health Sciences or the PM&DC during studies will be charged from the students.

IMPORTANT NOTE: These rules and regulations can be modified according to the PM&DC notifications.

### Financial Incentive/ Academic Scholarship

1. The students securing 1st, 2nd, or 3rd positions in the annual university examination will be given a 100% fee waiver for the next academic year with Rs: 50,000 cash awards.
2. The top 5 students securing more than 85% marks (theory portion) in the annual university examination will be given the academic scholarship equivalent to 20% of the yearly tuition fee in the coming year.

### Migration Policy

1. Migration rules of the PM&DC and the UHS will be followed.
2. Student seeking migration will be issued NOC by the college depending on the availability of seat in that session.
3. A student must get the NOC from the UHS, after that his/her student registration will be sent.
4. Once registered with the UHS then he/she will be allowed to attend the classes and information will be sent to the PM&DC for updating the record.

### Criteria to sit in Professional Examination

1. Clearance of all types of college dues.
2. 85% attendance in lectures, demonstrations, practical and clinical rotations in each subject.
3. 50% marks in send-up examination per subject/ 50% cumulative marks in block exams.

IMPORTANT NOTE: Any student not fulfilling any one of the above criteria becomes ineligible to sit the professional examination and this decision is not challenge-able in any court of law. The criteria can be modified according to any new PM&DC/UHS regulations made at any time during the session.

### Pass Marks

1. Pass marks for professional examinations are 50% independently in theory and practical examination.
2. If a candidate fails any part of the exam, i.e., theory or practical/clinical, he/she must reappear in both.

# SDDC FACULTY

## BEHAVIORAL SCIENCE

Prof. Dr. Abdul Shakoor	Professor	Dr. Shoaib Ahmed	Residents /MO
Dr. Naeem Amjad	Assistant Professor	Dr. Hafiz Muhammad Ahmad Qureshi	Residents /MO

## BIOCHEMISTRY

Dr. Ghazala	Assistant professor	Dr. Saqib Manzoor	Demonstrator
Dr. Muhammad Azib Waheed	Demonstrator		

## COMMUNITY DENTISTRY

Prof. Dr. Mumtaz Ali	Professor / Associate	Dr. Filza Tanveer	Demonstrator
Dr. Syed Burhan Shah	Assistant professor	Dr. Qamrain Fatima	Demonstrator
Dr. Muhammad Junaid Hashmi	Assistant professor	Dr. Nibras Saqib	Demonstrator

## DENTAL EDUCATION

Dr. Mavra Imtiaz	Assistant professor	Dr. Humair Abdullah	Demonstrator
Dr. Gul Muhammad Sheikh	Assistant professor	Dr. Muhammad Zubair	Demonstrator

## DENTAL MATERIALS

Dr. Azam Shahzad	Assistant professor	Dr. Shaiza Sheikh	Demonstrator
Dr. Atta Elahi	Assistant professor	Dr. Mubariz Ahmed Humayum	Demonstrator
Dr. Makia Rehman	Demonstrator		

## GENERAL MEDICINE

Dr. Muhammad Rizwan Hafeez	Associate Professor	Dr. Bazal Mubeen	Registrar
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## GENERAL SURGERY

Dr. Sohail Hameed	Assistant professor	Dr. Jahan Ara	Senior Registrar
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## OPERATIVE DENTISTRY

Prof. Dr. Muhammad Pervaiz Iqbal	Professor	Dr. Ahmed Mukhtar Cheema	Senior Registrar
Dr. Sajjad Ali Darwaish	Associate Professor	Dr. Maheen Ehsan	Demonstrator
Dr. Suffiyan Saleem	Assistant professor	Dr. Rahmeen Sajjad	Demonstrator
Dr. Sadia Javaid	Assistant professor	Dr. Sana Almas	Demonstrator

## ORAL BIOLOGY

Dr. Sana Ikram	Associate Professor	Dr. Nageena Rehan	Demonstrator
Dr. Sumair Farooq	Associate Professor	Dr. Munawar Hussain	Demonstrator
Dr. Irum Naz	Assistant professor	Dr. Dua Zafar	Demonstrator

## ORAL & MAXILLOFACIAL SURGERY

Prof. Dr. Usman Qadir Khan	Professor	Dr. Ayesha Masroor	Demonstrator
Dr. Labiba Hassan	Assistant professor	Dr. Danial Abbasi	Demonstrator
Dr. Ashfaq Ahmad	Senior Registrar	Dr. M Ahmad	Demonstrator
Dr. Sonia Mubeen	Senior Registrar		

## ORAL MEDICINE

Dr. Muhammad Azeem	Assistant professor	Dr. Rao Adil	Demonstrator
Dr. Asia Javed	Assistant professor	Dr. Syeda Fatima Bukhari	Demonstrator
Dr. Shammaz Raza	Assistant professor	Dr. Areesha Saleem	Demonstrator

## ORAL PATHOLOGY

Dr. Arslan Raffat	Associate Professor	Dr. Hina Sanam	Demonstrator
Dr. Arslan Tayyab	Assistant professor	Dr. Monal Fatima	Demonstrator
Dr. Munnaza Javaid	Assistant professor	Dr. Muhammad Ali Hassan	Demonstrator
Dr. Nisar Khan	Assistant professor		

## ORTHODONTICS

Dr. Saadia Nazeer	Assistant professor	Dr. Usama Hafeez	Demonstrator
Dr. Farhan Ahmad	Assistant professor	Dr. Uzair Zafar	Demonstrator
Dr. Zahid Majeed	Senior Registrar	Dr. Syed Muhammad Ali	Demonstrator
Dr. Rida Ahmed	Demonstrator		

# SDDC FACULTY

## PATHOLOGY

Dr. Iqra Sajjid	Assistant professor	Dr. Muhammad Farhan	Demonstrator
Dr. Abdullah Manzoor	Demonstrator		

## PEDIATRIC DENTISTRY

Dr. Afsheen Riaz	Assistant professor	Dr. Fiza Pir Zada	Demonstrator
Dr. Noor Wajiha	Demonstrator	Dr. Sabeena Amir	Demonstrator

## PERIODONTOLOGY

Dr. Syeda Tehmina Rehman	Associate Professor	Dr. Bushra Shabbir	Demonstrator
Dr. Muhammad Mustafa	Assistant professor	Dr. Hussain Mujtaba	Demonstrator
Dr. Zohaib Ahmad	Assistant professor	Dr. Ramsha Maqbool	Demonstrator

## PHARMACOLOGY

Dr. Shabzian Ishrat	Assistant professor	Dr. Muhammad Zain	Demonstrator
Dr. Nadia Akbar	Demonstrator		

## PHYSIOLOGY

Dr. Muhammad Sajid Khan	Professor	Dr. Bisma Naz	Demonstrator
Dr. Fahad Maqsood	Demonstrator		

## PROSTHODONTICS

Dr. Maimuna Khokar	Associate professor	Dr. Alishba Saba Khan	Senior Registrar
Dr. Nizam Fareed Baloch	Assistant professor	Dr. Hira Yasin	Demonstrator
Dr. Zahid Akhter	Assistant professor	Dr. Raham Umer Khan	Demonstrator

## ACCIDENT & EMERGENCY

Dr. Iman Ishtiaq	CMO ( oral Maxillofacial Surgery)		
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## ANESTHESIA

Dr. Warda Balooch	Assistant professor		
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## RADIOLOGY

Dr. Naima Mujahid	Associate Professor	Dr. Sana Altaf	Residents /MO
Dr. Fahad Mukhtar Hashmi	Assistant Professor	Dr. Asad Mukhtar	Residents /MO
Dr. Wajeeha Anwar	Assistant Professor	Dr. Raimal Khalid	Residents /MO
Dr. Saima Sadiq	Senior Registrar		

SIST 2022 in convection center

SIST 2022 at Shifa Tameer-e-Millat University Islamabad





## Shahida Islam College of Rehabilitation Sciences Lodhran Affiliated with University of Sargodha

### VISION

According to international standards dedicated to a value-based professional education with academic excellence, to be a rehabilitation sciences institute.

### MISSION

To prepare students to become physical therapists that embrace evidence-based physical therapy practice, meet patients' multifaceted health needs, consumers, and society, and participate in professional and community service through EDUCATION, RESEARCH, SERVICE, and LEADERSHIP.

## PHILOSOPHY OF D.P.T. COURSE

## SICRS IS THE OPENING TO A SATISFYING CAREER IN FIELD OF PHYSIOTHERAPY

SICRS was established in 2018 as a constituent unit of Shahida Islam Medical Complex, Lodhran, and is offering HEC recognized 5-Years degree program of Doctor of Physical Therapy (D.P.T.).

Physical therapy primarily emphasizes the prevention, development, and restoration of optimal function and quality of life. Physical therapists provide health care services to alleviate pain; prevent the development and progression of impairment, functional limitation resulting from trauma or diseases; and restore, maintain, and improve movement, activity, functioning, general body fitness, and health-related quality of life (APTA,2011). They work in the health domains of promotion, prevention, treatment, and rehabilitation.

SICRS aims to provide a conducive learning environment under highly skilled and qualified faculty with inculcation and moral values.

At SICRS, we stand ready with superior knowledge and skills to prepare a Doctor of Physical Therapy to deliver compassionate, interdisciplinary, and patient-centered healthcare wherever they are called to serve.



# DPT

## Undergraduate Program

### Program Duration

Five years

### Timing

Full time (8am to 3pm)

### Dress Code

Male: White shirt, steel gray trousers, and navy-blue tie, in winter navy blue blazer/ sweater/ jersey  
Female: Navy blue shirt, white shalwar, navy blue dupatta/ scarf, in winter navy blue blazer/ sweater/ jersey

### Admission

Annually purely on merit as per affiliated University timeline.

### Eligibility

- F.Sc premedical with minimum 60% marks
- Other equivalent qualification with equivalence certificate from IBCC.

### Program Goals

1. Demonstrate a commitment to service and leadership in the institution, the community, and the profession.
2. Enroll a student body that results in graduates who support the demand for physical therapists and rehabilitation services at the local, regional, and national levels.
3. Efficiently develop competent career-focused physical therapists through innovative academic and clinical learning experiences.

### Program Objectives

The D.P.T. program's chief objective is to produce physical therapists able to meet the needs of patients and society with participation in both professional and community service. To fulfill this objective, the department works on the following:

- To integrate in-depth knowledge of basic and clinical science for planning, execution, and modification of various treatment approaches that reflect the overall physical therapy practice scope.
- To develop clinical competence in assessing, diagnosing, designing, and implementing an effective plan of care.
- To train students with appropriate communication and decision-making skills necessary to collaborate with patients and members of the healthcare team.
- To produce physical therapist able to demonstrate critical appraisal skills and incorporate the best available evidence into physical therapy practice.
- To foster the recognition of rights and dignity of patients during the planning and administering of treatment protocols.
- To equip students with the ability to act as automated professionals who exhibit strong personal, moral, and ethical values in professional practice.
- To create an inspiring and cooperative environment that enhances research skills and leadership qualities

# DPT

## Undergraduate Program

### Why Choose D.P.T?

- D.P.T. is a clinical doctorate like that in Dentistry (DDS), Podiatry (DPM), Osteopathy (DO), Pharmacy (Pharm.D.), Clinical Psychology (Psych. D.), and Doctor of Medicine (MD.)
- The American Physical Therapy Association (APTA) has set a course towards practice without referral of a physician (direct access)
- Physical therapists operate as independent practitioners, as well as members of a health care team.
- D.P.T. graduate can also participate in community services, public health planning, administration and teaching, policymaking, and curriculum development.
- D.P.T. graduate can continue his further studies in masters (MS) in various clinical programs like Orthopedic, Physical Therapy, Cardiopulmonary, Musculoskeletal, Sports and Exercise Physiology Neuromuscular Physical Therapy.
- D.P.T. graduate can prosper in teaching by doing M- Phil in basic medical subjects like Anatomy, Physiology, Biochemistry, Kinesiology, Musculoskeletal, and Human Biomechanics.
- D.P.T. graduate can also succeed in Public and Health administration by doing master's in public health (MPH), master's in health administration (MHA), and CSS.
- Admission and tuition fees once paid are only refundable as per the affiliating university's policy.
- Applicants should seek clarification about fees/other dues from Accounts Office or [admissions@simc.edu.pk](mailto:admissions@simc.edu.pk)
- Students defaulting on fee payment may be suspended and/or barred from the classes and examination until the clearance of dues in accordance with the college policies. In addition, late fee submission charges as per college policy will also be collected.
- Students will not be allowed to appear in any university examination unless all outstanding dues are fully cleared before the examination's registration deadline.
- Any further additional charges levied by the government or the affiliating university during studies will be charged from the students.

**IMPORTANT NOTE:** These rules and regulations can be modified according to affiliating university notifications. The policy for fee installment is given in general rules & regulations.

### Criteria to Sit in Professional Examination

- Clearance of all type of college dues.
- 75% attendance in lectures, demonstrations, practical and clinical rotations in each subject.
- 50% marks in send-up examination in each subject.

**IMPORTANT NOTE:** Any student not fulfilling any one of the above criteria becomes ineligible to sit the professional examination and this decision is not challenge-able in any court of law. The criteria can be modified according to any new affiliating university regulations made at any time during the session.

### Fee Payment

- Student enrollment fees, university share, and university examination fees are charged by the affiliating university and are payable strictly according to the university schedule and are subject to change as per the affiliating university's policy. Any delay in payment beyond the due date will be fined according to the university's late fee schedule.
- Tuition fee is charged as per institutional policy with an annual increase as per devaluation of the currency.
- Fee for the hospital practice/ training annual (applicable from 3rd Year D.P.T.): Rs. 5,000.
- The tuition fee and hostel fee will be charged annually in advance before the start of academic session.
- Mess charges by the boarders and transport charges by the day scholars will be paid in advance monthly.

# DPT

## Curricular Framework

First Year				
Sr. No.	Subject Title	Theory Marks	Practical / Clinical & G. Viva Marks	Marks Total
1	ANATOMY I	150	50	200
2	PHYSIOLOGY I	150	50	200
3	BIOCHEMISTRY I	150	50	200
4	KINESIOLOGY	150	50	200
5	ENGLISH	100	Not Applicable	100
6	INTRODUCTION TO COMPUTER	100	Not Applicable	100
<b>TOTAL</b>		<b>800</b>	<b>200</b>	<b>1000</b>

Second Year				
Sr. No.	Subject Title	Theory Marks	Practical / Clinical & G. Viva Marks	Marks Total
1	ANATOMY II	150	50	200
2	PHYSIOLOGY II	150	50	200
3	BIOCHEMISTRY II	150	50	200
4	BIOMECHANICS & ERGONOMICS	150	50	200
5	ISLAMIC STUDIES	100	Not applicable	100
6	PAKISTAN STUDIES	100	Not applicable	100
<b>TOTAL</b>		<b>800</b>	<b>200</b>	<b>1000</b>

Third Year				
Sr. No.	Subject Title	Theory Marks	Practical / Clinical & G. Viva Marks	Marks Total
1	PHARMACOLOGY	150	50	100
2	GENERAL PATHOLOGY AND MICROBIOLOGY	150	50	200
3	PHYSICAL AGENTS AND ELECTROTHERAPY INCLUDING MEDICAL PHYSICS	150	50	200
4	THERAPEUTIC EXERCISES AND TECHNIQUES & MANUAL THERAPY	150	50	200
<b>TOTAL</b>		<b>600</b>	<b>200</b>	<b>800</b>

# DPT

## Curricular Framework

Fourth Year				
Sr. No.	Subject Title	Theory Marks	Practical / Clinical & G. Viva Marks	Marks Total
1	SPECIAL PATHOLOGY	150	50	200
2	COMMUNITY HEALTH, RESEARCH METHODOLOGY, SOCIAL AND BEHAVIORAL SCIENCES	100	Not applicable	100
3	PHYSICAL THERAPY IN MEDICINE	150	50	200
4	CLINICAL DECISION MAKING AND DIFFERENTIAL DIAGNOSIS	100	Not applicable	100
5	PHYSICAL THERAPY TREATMENT AND TECHNIQUES (Musculoskeletal, Sports, Gerontology including Geriatric, Pediatric Physical Therapy and Supervised Clinical Practices I)	150	50	200
6	PHYSICAL THERAPY IN SURGERY INCLUDING RADIOLOGY AND DIAGNOSTIC IMAGING	150	50	200
<b>TOTAL</b>		<b>800</b>	<b>200</b>	<b>1000</b>
Final Year				
Sr. No.	Subject Title	Theory Marks	Practical / Clinical and G. Viva Marks	Marks Total
1	EVIDENCE BASED PHYSICAL THERAPY AND PROFESSIONAL PRACTICE	100	Not applicable	100
2	EMERGENCY PROCEDURES AND PRIMARY CARE IN PHYSICAL THERAPY	150	50	200
3	PHYSICAL THERAPY TREATMENT AND TECHNIQUES II (Cardiopulmonary, Neurological, Gynecological and Obstetrics, Integumentary Physical Therapy, and Supervised Clinical Practices II)	150	50	200
4	PROSTHETICS, ORTHOTICS, HUMAN DEVELOPMENT AND COMMUNITY BASED REHABILITATION	100	Not applicable	100
5	EXERCISE PHYSIOLOGY AND HEALTH AND WELLNESS	150	50	200
<b>TOTAL</b>		<b>600</b>	<b>150</b>	<b>800</b>

### NOTE:

1. There shall be one question paper for each subject, having three sections of Multiple-Choice Questions (MCQs), Short Essay Questions (SEQs), and Long Essay Questions (LEQs).
2. Supervised clinical practice shall begin from 3rd Year till 5th Year and be evaluated by the end of every academic year and relevant subject.
3. As per the University of Sargodha Regulations, 10% marks are reserved for internal assessment based upon class test average, lecture attendance, and overall attendance.



## Shahida Islam College of Pharmacy Lodhran Accredited by Pakistan Pharmacy Council and Affiliated with University of Sargodha

### Vision

To be a preeminent pharmacy institute not only according to the Pharmacy Council and the HEC of Pakistan but also according to the international standards.

### Mission

Our mission is to educate future pharmacists and pharmaceutical scientists and endow our graduates with the skills, abilities, behaviors, and attitudes necessary to apply the foundational sciences to become leaders, researchers, and advance patient care giver to improve health for all. We seek to create, disseminate, and apply new knowledge to the provision of inter-professional patient-centered care, management of medication use systems, advocacy of population health and wellness, and collaborative discovery and implementation of solutions to today's and tomorrow's healthcare problems.

## PHILOSOPHY OF PHARM-D COURSE

## SICP IS YOUR AVENUE TO A BRIGHT CAREER IN THE FIELD OF PHARMACY

Shahida Islam College of Pharmacy (SICP) is the first institution to start a Pharm-D degree program in the private sector in Southern Punjab. Pharm-D is a 5-year degree program which will help fulfill the still unfulfilled demand for trained pharmacists across South Punjab and Pakistan. At SICP we are committed to excellence and innovation in education and research. SICP's supportive culture nurtures collaborative ventures, infrastructure, and training, which promote cutting-edge advances in pharmaceutical science and medicines.

Pharmacy is a science-based health profession concerned with medicines and their proper use in patients to treat and prevent disease. The foremost aim & objective of SICP is to impart education of the highest quality besides the character building, so as the students have knowledge and skill of next level, and they are groomed to have a sense of responsibility and dedication for the ailing humanity's welfare.

The Pharm-D program takes an integrated approach to learn the sources and design of drugs, the formulation of different dosage forms, the action of these drugs on the body, and the therapeutic management of the medicines in patients. The study programs and courses have been designed to fulfill the current needs regarding professionalism, marketability, employability, and entrepreneurship.

In our innovative Pharm-D program, we integrate the pharmaceutical with clinical therapeutics and patient care to meet the needs of the next generation of pharmacists in all sectors – community, primary care, hospital, industry, regulatory, and academia. We seek students committed to making a difference in people's lives through the discovery, design, delivery, and rational use of medicines.



# Pharm-D

## UNDERGRADUATE PROGRAM

### Program Duration

Five Years

### Timing

Full time (8am to 3pm)

### Dress Code

Male: White shirt (full sleeve), olive green trousers, olive green tie with the monogram, black socks, and black dress shoes.

White blazer/ sweater/ jersey.

Female: Olive green shirt (full sleeves), White shalwar, olive green dupatta, black socks, and black dress shoes.

White blazer/ sweater/ jersey.

### Admission

Annually purely on merit as per affiliated university timeline.

### Eligibility

- F.Sc. premedical with a minimum of 60 % marks or equivalent recognized qualification.

### Program Goals

To produce highly competent pharmacy professionals for the provision of pharmacist-delivered patient care, including comprehensive medication therapy management services, the advancement of pharmacy practice, and its contributions to society.

### Program Objectives

The pharmacy curriculum used in Shahida Islam College of Pharmacy is according to the recommendations of the Higher Education Commission (HEC) and approved by Pharmacy Council Pakistan (PCP). It is specifically designed to produce pharmacists who have the abilities and skills that are necessary to achieve outcomes related to:

- Formulation of standard medicines.
- Checking the quality control of medicines.
- Ensure the safe and effective use of medicines to the patients
- Provision of Medicine information to the other healthcare providers
- Promoting rational drug therapy

### Fee Schedule

1. Student enrollment fee, university share, and university examination fee are charged by the affiliating university and are payable strictly according to university schedule and are subject to change as per affiliating university policy. Any delay in payment beyond the due date will be fined according to the university's late fee schedule.
2. Tuition fee is charged per institutional policy with annual increase as per devaluation of the currency.
3. The tuition fee and hostel fee will be charged annually in advance before start of academic session.
4. Mess charges by the boarders and transport charges by the day scholars will be paid in advance monthly.
5. Admission and tuition fees once paid are only refundable as per affiliating university's policy.
6. Applicants should seek clarification about fees/other dues from accounts office or [admissions@simc.edu.pk](mailto:admissions@simc.edu.pk)
7. Students defaulting in fee payment may be suspended and/or barred from classes and examination until the clearance of dues per college policies. In addition, late fee submission charges as per college policy will also be collected.
8. Students will not be allowed to appear in any university examination unless all outstanding dues are fully cleared before the examination's registration deadline.
9. Any further additional charges levied by the government or the affiliating university during studies will be charged from the students.

**IMPORTANT NOTE:** These rules and regulations can be modified according to PCP or affiliating university notifications. The policy for fee installment is given in general rules & regulations.

# Pharm-D

## Curricular Framework

Shahida Islam College of Pharmacy has adopted a 2013 revised curriculum approved by the Pakistan Pharmacy Council and the Higher Education Commission of Pakistan.

FIRST PROFESSIONAL		
<b>THEORY</b>		
Paper 1	Pharmaceutical Chemistry-I (Organic)	100
Paper 2	Pharmaceutical Chemistry-II (Biochemistry)	100
Paper 3	Pharmaceutics-I (Physical Pharmacy)	100
Paper 4	Physiology	100
Paper 5	Anatomy & Histology	50
Paper 6	English	100
<b>PRACTICAL</b>		
Paper 7	Pharmaceutical Chemistry-I (Organic)	100
Paper 8	Pharmaceutical Chemistry-II (Biochemistry)	100
Paper 9	Pharmaceutics-I (Physical Pharmacy)	100
Paper 10	Physiology	100
Paper 11	Anatomy & Histology	50
<b>TOTAL MARKS:</b>		1000
SECOND PROFESSIONAL		
<b>THEORY</b>		
Paper 1	Pharmaceutics-II (Dosage Form Science)	100
Paper 2	Pharmacology and Therapeutics -I	100
Paper 3	Pharmacognosy-I (Basic)	100
Paper 4	Pharmaceutics-III (Pharmaceutical Microbiology & Immunology)	100
Paper 5	Pakistan Studies and Islamic Studies (Compulsory)	100
Paper 6	Pharmacy Practice-I (Pharmaceutical Mathematics and Biostatistics)	100
<b>PRACTICAL</b>		
Paper 7	Pharmaceutics-II (Dosage Form Science)	100
Paper 8	Pharmacology and Therapeutics, I	100
Paper 9	Pharmacognosy-I (Basic)	100
Paper 10	Pharmaceutics-III (Pharmaceutical Microbiology & Immunology)	100
<b>Total Marks:</b>		1000

# Pharm-D

## Curricular Framework

THIRD PROFESSIONAL		
<b>THEORY</b>		
Paper 1	Pathology	50
Paper 2	Pharmacology and Therapeutics-II	100
Paper 3	Pharmacognosy-II (Advanced)	100
Paper 4	Pharmacy Practice-II (Dispensing, Community, Social & Administrative Pharmacy)	100
Paper 5	Pharmaceutical Chemistry-III (Pharmaceutical Analysis)	100
Paper 6	Pharmacy Practice -III (Computer and its Applications in Pharmacy)	50
<b>PRACTICAL</b>		
Paper 7	Pathology	50
Paper 8	Pharmacology and Therapeutics-II	100
Paper 9	Pharmacognosy-II (Advanced)	100
Paper 10	Pharmacy Practice-II (Dispensing, Community and Social & Administrative Pharmacy)	100
Paper 11	Pharmaceutical Chemistry-III (Pharmaceutical Analysis)	100
Paper 12	Pharmacy Practice -III (Computer and its Applications in Pharmacy)	50
		Total Marks: 1000
FOURTH PROFESSIONAL		
<b>THEORY</b>		
Paper 1	Pharmacy Practice-IV (Hospital Pharmacy)	100
Paper 2	Pharmacy Practice -V (Clinical Pharmacy-I)	100
Paper 3	Pharmaceutics-IV (Industrial Pharmacy)	100
Paper 4	Pharmaceutics-V (Biopharmaceutics and Pharmacokinetics)	100
Paper 5	Pharmaceutics-VI (Pharmaceutical Quality Management)	100
<b>PRACTICAL</b>		
Paper 6	Pharmacy Practice -V (Clinical Pharmacy-I)	100
Paper 7	Pharmaceutics-IV (Industrial Pharmacy)	100
Paper 8	Pharmaceutics-V (Biopharmaceutics and Pharmacokinetics)	100
Paper 9	Pharmaceutics-VI (Pharmaceutical Quality Management)	100
		Total Marks: 900

# Pharm-D

## Curricular Framework

FIFTH PROFESSIONAL		
<b>THEORY</b>		
Paper 1	Pharmaceutical Chemistry-IV (Medicinal Chemistry)	100
Paper 2	Pharmacy Practice -VI (Advanced Clinical Pharmacy-II)	100
Paper 3	Pharmaceutics-VII (Pharmaceutical Technology)	100
Paper 4	Pharmacy Practice -VII (Forensic Pharmacy)	100
Paper 5	Pharmacy Practice-VIII (Pharmaceutical Management and Marketing)	100
<b>PRACTICAL</b>		
Paper 6	Pharmaceutical Chemistry-IV (Medicinal Chemistry)	100
Paper 7	Pharmacy Practice -VI (Advanced Clinical Pharmacy-II)	100
Paper 8	Pharmaceutics-VII (Pharmaceutical Technology)	100
		Total Marks: 800
		Grand Total Marks: 4700

### NOTE:

- As per the University of Sargodha Regulations, 10% marks are reserved for internal assessment based upon class test average, lecture attendance, and overall attendance.

### Criteria to Sit in Professional Examination

- Clearance of all type of college dues.
- 75% attendance in lectures, demonstrations, practical and clinical rotations in each subject.
- 50% marks in send-up examination in each subject.

**IMPORTANT NOTE:** Any student not fulfilling any one of the above criteria becomes ineligible to sit in the professional examination and this decision is not challengeable in any court of law. The criteria can be modified according to any new affiliating university regulations made at any time during the session.



## Shahida Islam Nursing College Lodhran Affiliated with University of Health Sciences Lahore

### VISION

To develop international standard nurses in the health care system to create positive change in the healthcare outcomes and create and empower a diverse population of leader nurses who will transform health delivery systems through service, discovery, and knowledge.

### MISSION

The mission of SINC is to work for the betterment of local, regional, and global health care to enhance individual and community health by providing an innovative learning environment where simulation technology facilitates multi-professional health care education, collaboration, advanced research, and evidence-based practice.

## PHILOSOPHY OF NURSING

## SINC IS THE CONDUIT TO A SUSTAINING CAREER IN FIELD OF NURSING

The philosophy of the Nursing College Program is to create a learning environment in which the student avail the opportunity to get an advanced BScN degree and as well as transforms from a basic diploma holder student into an advanced-level degree holder and get professionals who care for a diverse population of patients across the lifespan.

The nursing faculty respects the students as adult learners who demonstrate integrity in the classroom and the clinical setting. The philosophy utilizes a conceptual framework based on the nursing process and related disciplines as a solid foundation for a nurse. The nurses collaborate with other health care team members to manage patients anywhere along the health/illness continuum.

Our philosophy is congruent with the Pakistan Nursing Council and the University of Health Sciences' mission and its commitment to preparing students for leadership and service built on a solid liberal education base and quality professional programs. It is consistent with the fundamental beliefs about nursing and nursing's contract with society, as described by PNC.

Shahida Islam Nursing College, established in 2019, provide the best quality education to nursing students from all over Pakistan to develop competent, skillful nurses who can meet international standards for the enhancement of quality of care to make up for the acute shortage which is being suffered by health care organization worldwide.



# Nursing

## Undergraduate Programs

### Programs with Duration

Generic BSc Nursing program= 4 years

Post RN BSc Nursing Program= 2 years

C.N.A Program= 2 years

### Timing

Full time (8am to 3pm)

### Dress Code

Generic BSc Nursing program

Female: Black dupatta, grey shirt, Black shalwar, White socks, Black shoes without heels, In Winter Black coat/ sweater/ jersey

Male: Black trousers, grey shirt, Black tie, Black shoes, In Winter Black coat/ sweater/ jersey

### Post RN BSc Nursing Program

Female: Purple dupatta, purple shirt, White overall, White shalwar, White socks, Black shoes without heels, In Winter Black coat/ sweater/ jersey Male: Purple shirt, White trousers, purple tie, Black socks, Black shoes, In Winter Black coat/ sweater/ jersey

### C.N.A Program

Female: Sea green shirt, White shalwar, Sea green dupatta, White socks, Black shoes without heels, In Winter Black coat/ sweater/ jersey

### Admission

Annually purely on merit as per affiliated University timeline.

### Eligibility

Generic BSc Nursing Program:

- F.Sc. Pre-med. 50% min marks, (open merit both male and female)
- Age 14-35 years

### Post-RN BSc Nursing:

- Diploma in General Nursing and Midwifery/ Specialty (Male)

- 1 year experience.

### C.N.A Program:

- Matric science group 50% marks OR

- F.Sc 45%

- Only female

- Age 15-30 years.

### Teaching and Learning Strategies

- Well organized and standard library with latest edition of books available.
- Audio-visual aids including multimedia, charts, whiteboard, and Internet facilities related teaching.
- For clinical experience, services will be utilized of hospital.
- Hospital with complete clinical facilities available for practical work.
- The skills lab. / Learning resource center provide opportunities for teaching and learning through access to multimedia technology.
- Skill Lab with full resources for preclinical practice is there for students.

### Hostel Facility

- Hostel accommodation is subject to availability at the time. Priority is given to candidates from outside Lodhran.
- Students residing in hostel must strictly follow the rules, regulations, and timings.
- Students should get permission from the warden for leaving the hostel.
- Use of electrical appliances like electrical iron, Fridge, air-conditioner etc. is subject to prior permission from the principal and carries additional notified charges.

# Generic B.Sc. Nursing Curricular Framework

Total Credit Hours= 133			
Semesters=8		Number of Courses per semester= 4-6	
Course Load per semester=18 Credit Hours		Duration of Course=16-18 weeks	
First Year	Second Year	Third Year	Final Year
Fundamental of Nursing-I	Adult Health Nursing-I	Pediatric Health Nursing	Critical Nursing Care
Microbiology	Pathophysiology-I	Community Health Nursing -II	Introduction to Nursing theories
Anatomy and Physiology-I	Health Assessment-I	Teaching/Learning: Principles/Practices	Leadership/Management in Nursing
Biochemistry	Pharmacology-I	English-V	Nursing Research
Computer Skills	Mathematics	Mental Health Nursing	English VII (Professional Writing)
English-I	English-III	Intro to Biostatics	Community Health Nursing-III
Fundamental of Nursing-II	Adult Health Nursing-II	Behavioral Psychology	Nursing Seminar
Anatomy and Physiology-II	Pathophysiology-II	Epidemiology	Senior electives in clinical
Applied Nutrition	Pharmacology-II	Culture/Health/Society	Nursing Practicum
Community Health Nursing-I	Health Assessment-II	English-VI (Academic Writing)	English-VIII
English-II	Developmental Psychology		
Islamiat	English-IV		
Pak. Studies	Nursing Ethics		

Examination and Evaluation System for All Nursing Programs (Generic BScN, Post RN BSc, CNA)

Internal Assessment -----10%

Presentation  
Paper Project Writing  
Comprehensive Objectives

Oral and Practical

External Assessment by UHS ----- 90%

MCQs  
SEQs  
Oral and Practical

# Post RN B.Sc. Nursing Curricular Framework

Total Credit Hours= 68			
Core Credit Hours=61		Elective Credit Hours = 7	
Total Courses= 29			
Core Courses=20		Elective Courses=9	
First Year		Second Year	
S #	Course Title	S #	Course Title
01	Advance Concept in Clinical Nursing	01	Advanced Concept in Community Health Nursing
02	Communication Skill (English)	02	Applied Nutrition
03	Computer Skills	03	Ethical & Professional Development in Health Care
04	Health Assessment	04	Leadership and Management in Nursing
05	Microbiology	05	Professional Writing (English)
06	Physics & Biochemistry	06	Reproductive Health
07	Teaching & Learning, Principles and Practices	07	Academic Writing (English)
08	Advance Concept in Clinical Nursing	08	Advanced Concept in Mental Health Nursing
09	Introduction to Biostatistics		
10	Nursing Research		
11	Pathophysiology		
12	Writing for Research (English)		
ELECTIVE COURSES			
1	Accident and Emergency Nursing	6	Management
2	Community Health Nursing	7	Mental Health Nursing
3	Critical Nursing	8	Operation Theatre Nursing
4	Dental Health Nursing	9	Pediatric Nursing
5	Education		

# C.N.A

## Curricular Framework

First Year		Second Year	
S #	Course Title	S #	Course Title
01	English	01	English
02	FON /Ethics/ history of nursing	02	Community Health Nursing/ Nutrition
03	Microbiology	03	Medical Surgical Nursing
04	Anatomy & Physiology	04	Pharmacology/ Math
05	Islamite/ Ethics	05	Pediatric Nursing
06	Computer Theory	06	Study/Post Ass.
07	Pre./Post Ass/Study	07	Study/Post Ass.

### Fee Schedule

1. Student university enrolment and examination fee, PNC, and NEB enrollment fees are charged by the UHS/PNC/NEB and are payable strictly according to the UHS/PNC/NEB schedule and are subject to change as per policy. Any delay in payment beyond the due date will be fined according to the UHS/PNC/NEB late fee schedule.
2. Tuition fee is charged as per institutional policy with annual increase as per devaluation of the currency.
3. The tuition fee and hostel fee will be charged annually in advance before start of academic session.
4. Mess charges by the boarders and transport charges by the day scholars will be paid in advance monthly.
5. Admission and tuition fees once paid are only refundable as per the UHS policy.
6. Applicants should seek clarification about fees/other dues from Accounts Office or [admissions@simc.edu.pk](mailto:admissions@simc.edu.pk)
7. Students defaulting in fee payment may be suspended and/or barred from the classes and examination until the clearance of dues in accordance with the college policies. In addition, late fee submission charges as per college policy will also be collected.
8. Students will not be allowed to appear in any university examination unless all outstanding dues are fully cleared prior to the examination's registration deadline.
9. Any further additional charges levied by the government/ PNC/ UHS during studies will be charged from the students.

**IMPORTANT NOTE:** These rules and regulations can be modified according to the PNC/ UHS notifications. The policy for fee installment is given in general rules & regulations.



## Shahida Islam Paramedical School Lodhran Affiliated with Punjab Medical Faculty Lahore

### VISION

To develop highly qualified technical staff able to bring positive change in the health care outcomes and who will transform the health systems through service, discovery, and knowledge.

### MISSION

The mission of SIPS is to work for the betterment of local, regional, and global health care to enhance individual and community health by preparing quality health care personnel for the entire country and abroad.

# Diplomas in Various Allied Health Technologies

## SIPS IS THE PATHWAY TO A BRILLIANT CAREER IN FIELD OF ALLIED HEALTH SCIENCES

### Programs with Duration

Dispenser = 1 year  
Medical Laboratory Technology= 2 years  
Radiography and Imaging Technology= 2 years  
Physiotherapy Technology= 2 years  
Ophthalmic (Eye) Technology= 2 years  
Public Health Technology= 2 years  
Operation Theatre Technology= 2 years  
Dental Technology= 2 years

### Timing

Full time (8am to 3pm)

### Dress Code

Sky blue shirt white shalwar, white dupatta (for females) black trousers, sky-blue shirt, black shoes (for boys) black socks and black shoes without heels.

In winter: Dark green coat/sweater/jersey

### Admission

Annually purely on merit as per Punjab Medical Faculty timeline.

### Eligibility

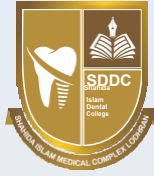
- Age 15-35 years.
- Matric Science (Second Division) with Physics, Chemistry and Biology having minimum 45% marks.
- Students who have passed F.Sc premedical will be preferred.

### Hostel Facility

- Hostel accommodation is subject to availability at the time. Priority is given to candidates from outside Lodhran.
- Students residing in hostel must strictly follow the rules, regulations, and timings.
- Students should get permission from the warden for leaving the hostel.
- Use of electrical appliances like electrical iron, Fridge, air-conditioner etc. is subject to prior permission from the principal and carries additional notified charges

### Fee Schedule

1. Student enrolment and examination fees are charged by the affiliating PMF/ affiliating university and are payable strictly according to PMF/ affiliating university schedule and are subject to change as per policy. Any delay in payment beyond the due date will be fined according to PMF/ affiliating university late fee schedule.
  2. Tuition fee is charged as per institutional policy with annual increase as per devaluation of the currency.
  3. The tuition fee and hostel fee will be charged annually in advance before start of academic session.
  4. Mess charges by the boarders and transport charges by the day scholars will be paid in advance monthly.
  5. Admission and tuition fees once paid are only refundable as per the PMF/ affiliating university policy.
  6. Applicants should seek clarification about fees/other dues from Accounts Office or [admissions@simc.edu.pk](mailto:admissions@simc.edu.pk)
  7. Students defaulting in fee payment may be suspended and/or barred from the classes and examination until the clearance of dues in accordance with the college policies. In addition, late fee submission charges as per college policy will also be collected.
  8. Students will not be allowed to appear in any final examination unless all outstanding dues are fully cleared prior to the examination's registration deadline.
  9. Any further additional charges levied by the government or the PMF/ affiliating university during studies will be charged from the students.
- IMPORTANT NOTE: These rules and regulations can be modified according to PMF/ affiliating university notifications. The policy for fee installment is given in general rules & regulations.



## Shahida Islam Teaching Hospital Lodhran

ISO Certified and Licensed by Punjab Health Care Commission.

Shahida Islam Teaching Hospital is a 600-bedded teaching hospital having state of the art facilities for medical treatment, medical teaching, and scientific research. It is located at Multan Bahawalpur Road 100/M Lodhran. The ideal location provides easy access for the students and the patients. The hospital's aesthetically designed interior gives a sense of reassurance and satisfaction to the patients, visitors, students, and staff.





## SITH IS THE PLACE OF BEST POSSIBLE CARE BY THE BEST POSSIBLE PEOPLE, THE HOSPITAL YOU CAN TRUST TO CARE FOR THOSE YOU LOVE.

The 13000sq.ft. covered area lodges the Fully Functional Emergency, Medical, Surgical and Pediatric ICU, Operation Theaters, Radiological and Pathological Diagnostic Facilities, Endoscopic Suit, and Indoor and Outpatient departments. There is also facility of every kind of dental procedure and care in the associated dental hospital.

The hospital is providing 24/7 Medical, Surgical, Obstetric, Gynecological, Pediatric, Neonatal, Orthopedic, Anesthetic, Mental Health, Dermatological, Urological, Pulmonology, Nephrology, Dialysis, Cardiology, Angiography, Cardiac Surgery, Endoscopy and Plastic Surgery services to the community.

The free provision of facilities by the highly qualified clinicians to this poor area results in large influx of patients and the daily OPD exceeds 1000 patients per day. Hence there are ample number of patients available for student teaching. The hospital is equipped with tutorial rooms and the latest audiovisual aid for the better training of the students and making their learning experience memorable.





## Administrative Committee



Prof. Gulzar Ahmed  
(Chairman)



Prof. Dr. Pervaiz Iqbal



Dr. Yasir Kazmi (PT)



Prof. Dr. Irshad  
Ahamad (PhD)



Nawshad Ali



Tahir Javaid



Prof. Dr. Azfar Farogh



Dr. Muhammad Yousaf  
Rana



Dr. Mavra Imtiaz



Attaullah Wahla

## Administrative Staff



# Shahida Islam Medical Complex General Rules and Regulations

## COLLEGE CODE OF CONDUCT

The following general disciplinary rules must be followed by all the students. A violation of these regulations is an offense against the Institution.

However, such violations are not here considered as crimes – unless convicted and penalized by any court of law outside the college premises.

### 1. Uniform

- a. The students must wear the prescribed uniform of their institution daily during college time.
  - i. The students must display their COLLEGE STUDENT CARD prominently on their uniform all the time.
  - ii. The students must wear WHITE COAT while attending laboratories, dissection hall and hospital.
  - iii. The female students wearing ABAYA are permitted to wear only the color of respective institution uniform i.e., MAROON for SDMC, CAMEL for SDDC, OLIVE GREEN for SICIP, NAVY BLUE for SICRS, GREY for SINC and SKY BLUE for SIPS. No other colors of abaya are allowed.
  - iv. The VEIL should be either of the same college color or Black. No other colors of veils are allowed.
  - v. The SCRUB SUIT is only allowed to the students attending operation theater.
  - vi. The scrub suit should have a college monogram and student name engraved.
  - vii. The students of 4th year MBBS are only allowed to go to Eye and ENT operation theaters and students of Final Year MBBS are only allowed to go to Surgery and Gynecology operation theaters. No student of any other class or any other department is permitted to enter the OT.
  - viii. The students must wear CLOSED SHOES. Any kind of sandals, chappals and open shoes are not allowed with uniform or with scrub suits.
  - ix. Any deviation from these uniform regulations will be liable to disciplinary action and fine.

### 2. Attendance

- a. Every student shall be required to attend at least 85 per cent of the lectures, seminars, tutorials, practical and clinical classes of each subject in each class failing which he/she shall not be eligible to appear in the examination concerned.
- b. The margin of fifteen per cent of absences is intended to cover absence only on account of sickness or a special emergency considered justifiable by the head of the institution.
- c. A written application should be sent to the head of the institution by the student or his/her parent or guardian, reporting his/her illness or cause of absence.
- d. Every student is required to attend punctually the hours notified for lectures, demonstrations, seminars, tutorial classes, practical and hospital wards.
- e. Students availing leave or being absent for >18 days from college or hospital work shall be liable to attend remedial classes to become eligible for the professional exams.
- f. Students must be present in time at any specified activity of the institution.

### 3. Classroom

- a. Students are expected to extend the highest level of courtesy and respect towards their teachers.
- b. No student is allowed to leave the lecture room without the permission of his teacher or until the class is dismissed.
- c. The attendance will be marked through Biometric Machines 10 minutes after the start of lecture. A student coming late into the classroom will be marked absent unless his excuse is accepted by the teacher.
- d. Any student misbehaving in the classroom shall at once be reported by the teacher to the Head of the Institution for necessary action.
- e. Students are not permitted to remain in the lecture room except during the prescribed hours of lectures.

# Shahida Islam Medical Complex General Rules and Regulations

## 4. Hospital

- a. Students attending hospital teaching are required to abide by the hospital rules and while in the hospital they are under the supervision of Medical Superintendent for disciplinary purpose, who may impose any of the following punishments on any student committing any offence in the hospital or for neglect or not properly carrying out any duty entrusted to him/her in the hospital.
  - i. Debar him/her from attending any or all the departments or hospital for a period not exceeding three months. OR
  - ii. Impose such a fine not exceeding Rs2000/- as he may consider appropriate.
- b. Applications for leave from students doing duty in the hospital wards or outpatients departments must be submitted through their respective clinical head to the Head of the Institution.
- c. Every student is required to attend punctually at the hours notified for clinical teaching and ward duty.

## 5. Class Examination

- a. Students are not allowed to take into the examination hall textbooks, notes, or manuscript of any kind
- b. Any student found infringing the examination rules or having recourse to unfair means may be expelled from the examination and the matter shall be reported to the head of the institution who may refer his case for action to the disciplinary committee of the Institution.
- c. Late comers arriving at the examination hall more than 15 minutes after the start of the paper will not be allowed to enter the examination hall.

## 6. Leave

- a. Sick leave will only be granted on the production of a medical certificate

- b. In all cases leave taken will be at the student's own risk so far as the percentage of attendance is concerned and even the medical certificate will not condone a deficiency in attendance.
- c. Students must not leave the station without the permission of the head of the institution
- d. A student who is absent without leave continuously for a period of four weeks will be struck off from the college roll.

## 7. Students Medical Certificate and Treatment

- a. Non boarders / boarders already on vacation/ leave must obtain a medical certificate from a Professor /Associate Professor of any Medical College.
- b. For boarders, including those on duty in the hospital the medical certificate must be signed by a Professor /Associate Professor of the institution.
- c. A medical certificate must specify the nature of the illness and the period with dates of leave recommended on account of that illness
- d. Students who fall ill will be provided treatment on an outpatient basis.
- e. Students requiring hospitalization will be entitled to the facilities of the general ward patients

## 8. Books

- a. Every student shall provide himself with all the prescribed textbooks and other necessary instruments etc.

## 9. Correspondence

- a. Students are forbidden to address any member of the Board of Directors directly. Any communication intended for such higher authority must be submitted through the head of the institution who will forward it if he considers it desirable.

# Shahida Islam Medical Complex General Rules and Regulations

- b. Students desirous of addressing the head of the institution by a letter must do so independently. Joint applications are entirely prohibited and will not receive attention.
- c. Any student wishing to make a representation on any subject has the right to direct access to the head of the institution at any time during the college hours.
- d. Head of the institution, Professors and other staff are accessible at any time for listening to the difficulties and grievances of students and shall always be pleased to advise them.
- e. Any student breaking or damaging any property of the institution shall be required to pay the cost of repair or replacement.
- f. In case of willful damage, he/she shall be punished under the disciplinary rules of the institution.
- g. If a student of the institution takes part in any political activity or conducts himself/herself in an unbecoming manner or in such manner as would interfere with the corporate life or educational work of the institution, the head of institution may take any action he deems proper or bring the matter before the College Academic Council for proper action.
- h. No person shall be invited to address a meeting or society in the institution premises without prior permission of the head of the institution. In all cases, the chair shall be occupied by a responsible person approved for the purpose by the head of the institution. The subject of debate shall be fixed after obtaining the approval of the head of the institution in advance.
- i. No student shall address a Press Conference, nor write to the press on the political or related subject or matters concerned directly with the administration of the institution, University or any Government or Educational Institution in Pakistan or abroad. No poster or banner shall be put up without the approval of the head of the institution.
- j. No society may be set up by the students or any meeting held in the institution premises without the written permission of the head of the institution.
- k. Riots, strikes, boycotts and demonstrations which create disturbance for other students, or the public are not allowed.

## 10. General Rules

- a. Students are required to always observe order and discipline in the institution, attached hospitals and hostels.
- b. Smoking within the institution, attached hospitals and hostels premises is entirely prohibited.
- c. Students cannot keep firearms, non-firearm weapons (knuckles, swords, spear etc.) and non-firearm ranged weapons (bow & arrow, javelin, air gun etc.). Any breach of this will result in strict disciplinary action.
- d. No game of any sort is to be played during the classes and hospital duty hours.
- e. Displaying and distribution of partisan/ ethnic/ sectarian/ political pamphlets or circulars etc. in the institution, attached hospitals and hostels premises is not allowed.
- f. All irregularities, neglect of duties and breach of discipline are to be brought to the notice of the head of the institution by the Professor under whom the student is working.
- g. Every student to whom books or other property of Government is entrusted shall be held responsible for their preservation in good condition and in the event of their being lost or damaged shall be required to replace them or repay their cost.

# Shahida Islam Medical Complex General Rules and Regulations

- o. Aliens/Outsiders are not allowed right of entry / use of institutional facilities/ libraries/ reading rooms/ playgrounds/ any training facility or recreational facility or any facility which the institution owns directly or indirectly. Entry of an alien in the institutional facility amounts to trespassing. An alien found within any institutional facility(s) upon identification will be requested to leave the premises immediately; in case of non-compliance institution reserves the right to expel the offending alien and / or report the case to police for unauthorized forced entry as a criminal act.
- p. Bringing or facilitation of an alien/outsider to the institutional facility without lawful authorization is a violation of regulations and is accordingly punishable.

## 11. Violations

- a. Level 1 Violation (Minor):
  - i. These may occur because of inexperience or lack of knowledge of Institutional Conduct and Discipline Regulations on the part of persons committing the violation.
  - ii. These violations address incidents when intent is questionable, are not extensive and are unplanned.
  - iii. In the context of academic setting occur on a minor assignment or minor infringement of examination regulations.
  - iv. These are generally handled at the local level but may be referred to Disciplinary Committee (DC) at the discretion of HOD.
- b. Level 2 Violation (Intermediate):
  - i. These are characterized by dishonesty, unwholesome behavior or delinquency of a more serious character falling between level 1 and level 3 violations or which interrupts institute functions in non-significant manner.
  - ii. In academic setting it reflects moderate degree of cheating / plagiarism / infringement / delinquency to affect a more significant aspect or portion of the course work or more than negligible examination misconduct.
- c. Level 3 Violation(Major):
  - i. These are those that go beyond Level One or Two violations. They are in violation of Conduct and Discipline Regulations on the campus to interfere with institutional function in a significant manner or duration or are preceded by one or more violations at Levels 1 and / or 2.
  - ii. In the context of academic setting, it means cheating / plagiarism / infringement / delinquency that affects a major or essential portion of work done to meet course requirements.
- d. Level 4 Violation (Serious):
  - i. These represent the serious breaches of institutional Rules / Regulations of Conduct and Discipline.
- e. Level 5 Violation (Most Serious):
  - i. These violations represent the most serious disobedience or violence or deliberately breaking the Conduct and Discipline Regulations.
- f. These Conduct and Discipline Regulations may not cover all the possible eventualities and Principal will be authorized to refer any issue / person in the context of conduct and discipline of the students /employee to Disciplinary Committee or to any authority of the institution or that of State of Pakistan or any other regulatory authority outside the college.
- g. The college will make these rules and regulations readily available to all the persons concerned.

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## COLLEGE DISCIPLINARY AND GRIEVANCE POLICY

- 1) For all such offences that occur in the Institution, attached hospitals and hostels premises, head of the institution may at his discretion refer the case to the Disciplinary Committee of the institution, which shall be appointed by the principal from time to time.
- 2) This Disciplinary Committee shall have the power to interview any student or students or any member of the staff or any member of public and is empowered to send its recommendations to the head of the institution who may or may not seek ratification of these recommendations by the Academic Council.
  - a) The Disciplinary Committee shall consist of:
    - i) Five Professors including its chairman to be nominated by the principal; and
    - ii) The teacher or officer in-charge of academic /student affairs by whatever name called shall be its Secretary.
    - iii) The term of office of the members of the Discipline Committee, other than ex-officio members, shall be two years.
    - iv) The quorum for a meeting of the Discipline Committee shall be three members including its chairman.
    - v) The functions of the Disciplinary Committee shall be to
      - (1) Deal with complaints from college officials, any other complainant or on a suo-moto action by the Principal / Directors.
      - (2) Deal with all inter-institute cases of indiscipline in the college.
      - (3) Recommend to the Principal, the fine, warning, suspension, expulsion or rustication of the faculty member, student, staff, or visitor based on inquiry conducted under the rules and regulations.
      - (4) Perform such other functions as may be prescribed.
  - 3) The Procedure of Complaint:
    - a) Any complaint against the faculty member, student, staff, and visitor, unless specified otherwise, shall be addressed to the Principal of the College.
    - b) In the event of Suo-moto's action the Vice Principal /Dean /Medical Superintendent will be the complainant.
    - c) The principal may take one of the following Actions
      - i) Finding the complaint frivolous, file it.
      - ii) May conduct a personal hearing to ascertain facts and subsequently may reject the complaint.
        - iii) If the Principal is certain that the complaint is genuine then refer the matter to the Disciplinary committee for further action.
    - d) The Disciplinary committee shall adopt the following procedure:
      - i) Review the evidence, statements and / or other material contained in the complaint and make a preliminary endeavor to ascertain facts.
      - ii) Frame the charges.
      - iii) Issue notices to all concerned.
      - iv) Interview of accused, complainant, witnesses, and others if any for statements, and recording of evidence.
      - v) No Lawyer shall be allowed on behalf of any Party.
      - vi) Collect evidence.
      - vii) Fix the responsibility.
      - viii) Recommend the penalties for all those found guilty according to the regulations.
      - ix) Compile the report under seal to the principal office.
    - e) The procedure of appeal will be as follows:
      - i) The accused, complainant or the victim can lodge an appeal against the interim order of the disciplinary committee, through the office of Principal within seven (07) working days from the date of receiving the order.
      - ii) The right to appeal is for one time only.
      - iii) If there is no appeal within this specified time the principal can himself issue the notification of penalty or in case of major penalty may send the case to Academic Council for approval and further action.
      - iv) In case of an appeal lodged against the decision of the disciplinary committee, this appeal will be sent for review to the Academic Council.
      - v) The Academic Council, in this context, will admit new evidence. It may or may not also solicit response / testimony / additional information from the charged person, the victim, the complainant, the DC members, and any relevant witnesses to reach a conclusion.
      - vi) Subsequently academic council by a majority vote may take one of the following Decisions.
        - (1) Reject the appeal and deny the request for reconsideration of Sanction(s)
        - (2) May increase the penalty - giving the reasons.
        - (3) May reduce or otherwise limit the penalty-assigning reasons.
        - (4) Direct the Disciplinary Committee to proceed afresh, if there is new information which was not available at the time of the hearing by the disciplinary committee.
        - (5) The Academic Council's decision will be referred to the Disciplinary Committee through the office of Principal.

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- vii) The Disciplinary Committee will review the recommendations of Academic council to implement its decision and send the final recommendations to the principal within seven working days.
- viii) Before issuing his final orders, Principal may or may not call for repeat examination of accused, complainant, witnesses, and any other person to satisfy himself about lawful reasonability of punishment.
- ix) The principal may accept or modify the recommendations of Disciplinary Committee and issue the final order of punishment, giving reasons in writing about modifications if any in his orders.

#### 4) Proposed Penalties against the students

- a) The Disciplinary Committee / Principal can take one or more of the following disciplinary actions against the students committing an offence depending upon the severity of the offence (Level-1 to Level-5 mentioned in code of conduct).
    - i) The student may be asked to tender an apology, verbal or written. This shall be placed on the student's record.
    - ii) The student may be placed on probation for a period up to one year. If during the period of probation, he /she fail to improve his/ her conduct, he/she may be expelled from the Institution.
    - iii) The student may be fined up to Rs. 5000/-
    - iv) The student Scholarship/Grant-in-aid may be suspended or stopped.
    - v) The student may be suspended from the institution roll for a period determined by the head of the institution.
    - vi) The student may be expelled from the institution for a period determined by the head of the institution.
    - vii) The student may be forcibly migrated to another medical/dental institution of the province.
  - b) The head of institution is competent to impose/remit fines and punishments.
  - c) The decision of the Head of Institution shall be considered as final.
- 5) The college will make these rules and regulations readily available to persons who may be affected by them, on demand.

#### COLLEGE EXAMS POLICY

The following will be followed in true letter and spirit regarding student internal tests and examinations.

- 1) The Department of Medical Education (DME) will be responsible for making the examination calendar for every professional year in consultation with the concerned heads of departments for that year.
- 2) DME will notify the weekly test schedule, term test date sheet, and send up examination date sheet of all classes of every constituent institution.
- 3) All the departments must follow the notified schedule and no unscheduled written tests will be allowed.
- 4) Any department needing a change in schedule will inform the DME and the DME after due consideration will notify the change.
- 5) The topic of the test must be intimated to the students at least one week prior to the date of the test with a copy for information to the DME.
- 6) The concerned HODs will be responsible for setting of paper, printing and secrecy of paper and conduction of exam/test.
- 7) The DME will provide all the examination material like white papers for printing of question paper, answer sheets, stapler, extra sheets, and award lists etc. to the concerned department as per their requirement on indent.
- 8) The concerned department will return the unused material to DME on the same indent book so as the material can be used in other exams.
- 9) The concerned HODs will submit the result along with the answer books and the question paper to the DME within 10 working days after the exam/test.
- 10) The DME will notify the result and will do the item analysis of the paper and give feedback to the concerned department.
- 11) The viva/ practical examination of term or send up will also be conducted as per date sheet notified by the DME.

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- 12) The materials required for viva/ practical examination will be provided by DME. The written request by the concerned HOD must reach the DME at least a week before the exam date to arrange the materials in time.
- 13) The results of viva/practical examination must reach the DME within 3 working days after completion of examination.
- 14) The passing marks criteria for students in weekly test, term, and sendup examinations are 50%.
- 15) The student being absent in weekly test, term, or sendup examination without leave OR the student who leaves the paper blank or write things which are unrelated, or offensive will be fined Rs. 5000/- and will have 15% deduction in marks in the next test of that subject.
- 16) Any student failing the weekly test, term, or sendup examination by scoring less than 30% marks will be fined Rs. 1000/- to 5000/- depending on previous performance in class and assessment by the concerned HOD.
- 17) The student who is absent in the classes on any day immediately prior to the test day will have 10% deduction in marks of that test e.g., if there is a test of subject 'A' on Thursday then students absent on Wednesday without prior permission will have 10% marks deduction straight away in the subject 'A' test on Thursday. In addition, a fine of absence may be imposed.
- 18) Students are not allowed to take into the examination hall mobiles, laptops, textbooks, notes, or manuscript of any kind.
- 19) Any student found infringing the examination rules or having recourse to unfair means may be expelled from the examination and the matter shall be reported to the head of the institution who may refer his case for action to the disciplinary committee of the Institution.
- 20) Late comers arrive at the examination hall more than 15 minutes after the start of the paper will not be allowed to enter the examination hall.

## LIBRARY RULES

The following shall be entitled to use the library.

- a) The faculty of the complex and allied hospital
  - b) Students of the complex
  - c) Other doctors as approved by the library committee.
- 1) Students after admission shall get library borrower card from the librarian. One book for 2 weeks can be issued on card, and this is non-renewable and non-transferable.
  - 2) The borrower card is not transferable, and loss of borrower cards should be reported to the librarian immediately. Issuance of duplicate borrower card will be made against the charges.
  - 3) Students can avail themselves of reference books/journals within the library premises, but these can't be issued on card.
  - 4) Books required for occasional reference like encyclopedia, dictionary etc. and books of great value will not be issued.
  - 5) The student must return the book within 14 days of issuance. For each additional day a fine of Rs.50/- per day will be charged (not exceeding the price of the book). Further issuance of the books will be stopped till the fine has been paid and the books returned.
  - 6) In case of a reason of non-return of book is beyond control of the student he/she can apply in writing for reduction of fine. The head of the institution, if satisfied with the reason, can reduce the fine.
  - 7) During stock taking all the books must be returned.
  - 8) Gossiping, mobile calls, sleeping, eating, drinking, smoking, chatting, combined study and disturbing the order of library furniture are strictly prohibited in the library.
  - 9) Damage done to library material (folding, writing, underlining, defacing, damage or tearing of pages etc.) will be liable to fine and the decision of the library committee will be final.
  - 10) Stealing /Loss of any library material would be charged at three times the current price or replacement of that material.
  - 11) Personal belongings (books, files, briefcases, handbags, register etc.) are not allowed inside the library.
  - 12) Library membership would be suspended or cancelled along with penalty in case of Nonpayment of library fine, Misconduct with library staff, Theft of library material, Misconduct /disturbance in library, non-returning of issued material and Breach of any library rules.

# Shahida Islam Medical Complex General Rules and Regulations

## COLLEGE HOSTEL RESIDENTS' POLICY

The following should be followed in true letter and spirit regarding hostel residing by the boarder Students.

### HOSTEL ADMINISTRATION/ MANAGEMENT

1. Hostel Management hierarchy will be Chief Warden Boys and Girls Hostel, Warden Boys Hostel, Warden Girls Hostel, Caretaker of Boys & Girls Hostel.
2. The Chief Warden and Warden must be from the teaching faculty preferably those residing inside the college premises.
3. The Caretaker can be any graduate male / female who must reside within the campus premises 24/7.
4. It would be the responsibility of the caretaker to make sure Security guards, Sweeper and Ayas are present in the hostel.
5. Caretaker will be responsible to communicate with the mess and cafeteria regarding the number of students present in the hostels and regarding the food problems.
6. In case the student wants to go outside the college premises the student will have to fill the gate pass and get it signed by the hostel warden one day before leaving the college/hostel premises.
7. To avail the college transport for going to the bus station/railway station/ airport the students will have to inform the warden one day before while signing the gate pass.
8. The hostel resident students will contact the caretaker for all their day-to-day activities and problems and in case the problem is not solved then they can contact the Warden directly. However, the hostel leaving permission will only be granted by the

Warden and not the caretaker.

9. The caretaker will submit any complaints received from the students and any complaints about the students etc. to the Warden immediately via phone or maximum within 24 hours depending upon the urgency of the issue.
10. The Warden will take the appropriate corrective action immediately.
11. The Warden can impose minor fine (Rs.1000-5000/-) to the students in case of MINOR MISCONDUCT with intimation to the Chief Warden and Principal.
12. In case of non-compliance of fine deposition by the student or an act of MAJOR MISCONDUCT the Warden Hostel can impose major fine (Rs.10000-50000/-) with or without expulsion from hostel after consultation with the Chief Warden and Principal.
13. The Chief Warden has the right to increase the fine or recommend expulsion from hostel depending on the scenario.
14. The decision of expulsion from hostel will be vetted by the College Academic Council and the decision of Academic Council will be final.

### GENERAL RULES

1. Accommodation in hostel cannot be claimed as a matter of right, the hostel administration can refuse accommodation to any student who is known to have violated hostel rules or whose presence is likely to disturb the peace and tranquility of hostel or whose presence can cause serious adjustment problems with the fellow students.
2. The residents of Bahawalpur and Lodhran City will not be preferably considered for hostel allotment except in special circumstances, in which case the permission must be formally acquired from the principal.
3. Room once allotted, and the roommate once.

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- chosen/allotted will not be changed except by the permission of the Warden on provision of valid reasons and grounds. Violation of this rule will be considered as Major Misconduct.
- Every resident must strictly observe all the rules currently in force or as may be enforced from time to time by the administration.
  - Every resident must look up the student notice board regularly for any new orders etc. No excuse of not knowing the rules once displayed on notice board for 24 hours will be acceptable.
  - Upon room allotment the student will be given a bed, table chair and cupboard by the institution while the bedding and clothing etc. must be brought in by the student. The student must have to take care of the articles issued and the electricity appliances installed in the room (lights, fan, electricity panels and buttons etc.). Any breakage of these articles will be considered as Minor Misconduct and the student also must pay for the repair of the article damaged.
  - Every resident must maintain peace, tranquility, and calm atmosphere in the hostel with respect to right of the others. The violation of this rule will be considered as Minor Misconduct.
  - Every resident must have good behavior with each other and the administration. Violation of the rule can be considered as Minor or Major Misconduct depending on the severity of misbehavior. The decision of Warden/Chief Warden in this regard will be considered as final.
  - Every resident must not keep or use Liquor, Drugs, Weapons and Cigarettes. No one can keep any private servant or pet within hostel. The violation of this rule will be considered as Major Misconduct with expulsion.
  - Every resident must not do any Religious, Regional, Sectorial or Political Activity inside the hostel premises. The violation of this rule will be considered as Major Misconduct with expulsion.
  - Every resident must keep their CNIC and College ID cards with them all the time and must produce them at the time of inspection by any of the members of Hostel Administration. The inspection can be done at any time of the day and will be binding on the student to show their rooms and the cupboards to the inspecting officer. Any hindrance in this process by the student will be considered as Major Misconduct.
  - Every resident must pay the hostel dues in time and any delay in this regard will be liable to cancellation of the allotment and vacation of the room allotted.
  - The hostel dues include the room rent and the electricity charges for lights and fan. The residents must get permission of use of any other electrical appliances in their rooms like AC, Heater, Fridge, Water Dispenser, Microwave oven and Iron. The charges for use of each must be deposited on monthly basis at the rates notified for use of each.
  - Every resident must pay the mess / canteen charges / Any other subscriptions before the 5th of every month. Any delay in payment will be liable to 0.5% per day late payment charges. The non-payment of these liabilities for 3 consecutive months will be considered as Major Misconduct with expulsion.
  - Every resident must be responsible for cleanliness of not only the allotted room but also the hostel premises especially washrooms. Anyone found intentionally damaging the hostel fixtures or spreading the untidiness will be considered as committing Minor Misconduct.
  - Every resident must refrain from cooking in their rooms. The violation of this rule will be considered as Minor Misconduct.
  - Every resident must be responsible for the safety of the belongings. The hostel administration will not be responsible for any loss or damage by theft or otherwise. However, the residents must report such

# Shahida Islam Medical Complex General Rules and Regulations

occurrence to the Caretaker and the administration will help him to find the culprit. If any of the resident is found to be involved in the loss of the other resident or the report of the loss by any resident is proved fake, then both the acts will be considered as Major Misconduct.

18. Every resident must refrain from humiliating junior residents in the name of "FOOLING". The violation of this rule will be considered as Major Misconduct.
19. The old final year students waiting to appear in Supplementary examination must pay the hostel dues for the extra months they want to reside in hostel and must pay the mess etc. charges as per policy.

## DAILY ROUTINE OF RESIDENT STUDENTS

1. The finger sensor operated doors will be installed at the entrance of hostels. No resident can enter or leave the hostel without finger/thumb verification at any time of the day.
2. Any resident student who enters/leave the hostel with other resident student without finger/ thumb verification will be dealt as committing Minor Misconduct.
3. All the residents must exit the hostel with finger/thumb verification for college till 0755 hours on working days i.e., Monday to Friday. Any resident failing to verify his/her exit till that time will be considered as committing Minor Misconduct.
4. In case of any illness or emergency due to which the resident is unable to come to attend the college, the resident must inform the caretaker with reason to mark his/her leave on that day and avoid the fine of Minor Misconduct.
5. All the residents must enter the hostel with finger/thumb verification after attending college till 1530 hours on working days i.e., Monday to Friday. Any resident failing to verify his/her entry till that

time will be considered as committing Minor Misconduct.

6. During the time between 1630 hours till the daily final/night entry time the residents can go to library, cafeteria, book shop, hospital, and sports arena etc.
7. The final night entry time back to hostel is 2100 hours in winter and 2200 hours in summer with finger/thumb verification. After that time no leaving of hostel is allowed till Fajar Prayer time. Any resident failing to register his/her entry back to the hostel till that time will be considered of having committed Major Misconduct.
8. In case a resident commit any of the above-mentioned Minor misconducts twice then the penalty as Major Misconduct will be imposed.

## RULES FOR VISITORS OF RESIDENTS / CAMPUS LEAVING RULES FOR RESIDENTS:

1. Every resident at the time of admission to the hostel must submit a list of visitors along with their CNIC photocopies and photographs who can visit the resident at any time in the hostel. The list must be signed by the parent / guardian of the student. The addition or subtraction in the list must be done by the parent / guardian by personally visiting the campus. No other visitor will be allowed to visit the resident student outside the list. The violation of this rule will be considered as Major Misconduct.
2. Every resident must refrain from bringing the visitors inside their Hostel/Rooms. The visitors are not allowed to stay at night in the hostel premises. The residents must meet their visitors in the college cafeteria. The violation of this rule will be considered as Minor Misconduct.
3. Every resident must ensure that all their visitors should make entry into the visitor register kept with the security staff at hostel entrance. The violation of this rule will be considered as Minor Misconduct.
4. In case of emergency if any other visitor must come

# Shahida Islam Medical Complex General Rules and Regulations

to meet or take the resident student with him the parent / guardian must call the Warden from the number written on the visitor form and intimate the CNIC number and name of the new visitor. Otherwise, no one will be allowed to visit the resident student.

5. Every resident must also submit the list of relatives / visitors with whom the resident can go out of the institution premises (hostel and college) including their names, relationship with the resident, CNIC number and photograph.

6. All the parents / guardians must also submit an affidavit on stamp paper of Rs.100/- with following wording.

“I \_\_\_\_\_ father/guardian of Mr./Ms. \_\_\_\_\_ do ALLOW/NOT ALLOW my son/daughter to go outside the Shahida Islam Medical College premises on their own without any of the relatives / accompanying persons authorized. My son/daughter Mr./Ms. \_\_\_\_\_ is AUTHORIZED/NOT AUTHORIZED by me to sign the hostel leaving form on my behalf after which he/she can go out and even travel alone back to the home. The administration of Shahida Islam Medical College will not be held responsible by me or my family for any untoward incident happening outside the institution premises. I also ALLOW/NOT ALLOW my son/daughter to go outside the Shahida Islam Medical College premises for picnic or excursion during holidays with fellow students. However, he/she will inform the Warden before proceeding and will sign the permission form on my behalf. The administration of Shahida Islam Medical College will not be held responsible by me or my family for any eventuality happening during picnic/excursion”.

7. Any resident wanting to leave the institution premises (hostel and college) must get the

permission from the Warden on the Hostel Leaving card/Form which must clearly show the date and time of leaving, the accompanying person, purpose of leaving and the expected date and time of return. This card/Form would have three leaves.

8. The resident student must submit one leaf of leaving card/form to the caretaker before leaving the institution, so the caretaker is informed regarding the student leaving the hostel.

9. The resident student must submit the second leaf of the leaving card/form at main entrance to the security staff and fill in the entry and exit register kept there with clearly mentioning the date and time of departure from the college premises.

10. The resident student will keep the third leaf of the leaving card/form with him/her.

11. On arrival back to the institute, the resident student will show the third leaf of the Leaving Card/Form to the security staff at the main gate, without which he/she will not be allowed to enter. In the case of loss of the third leaf, the resident student must call the caretaker, who will come to the main gate to identify the student and let him/her in the college. The resident student also must fill in the entry, and exit register kept at the main gate, clearly mentioning the arrival date and time in the college premises.

12. The resident student must return the third leaf of premises leaving card/form to the caretaker upon entering the hostel. The violation of any of these rules from serial No. 7-12 will be considered as Major Misconduct.

13. No resident can remain absent from hostel during nighttime without prior permission from the Warden. The violation of this rule will be considered as Major Misconduct.

14. No female visitor is allowed to enter the boy's hostel and vice versa. The violation of this rule will be considered as Major Misconduct.



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